# **Accessing the Alberta Community-Based Seniors Serving Sector Systems Map**

Click on this **LINK** to access the Systems Map.

Once you are in the map, you will see a text box on the left side, and the visual map on the right side. You can zoom in or out on the map either by clicking on the + and – icons on the right side of the map or by using your mouse wheel. You can also move the map around by left-clicking and holding your mouse until you see a hand appear, then drag the image around to the desired position.

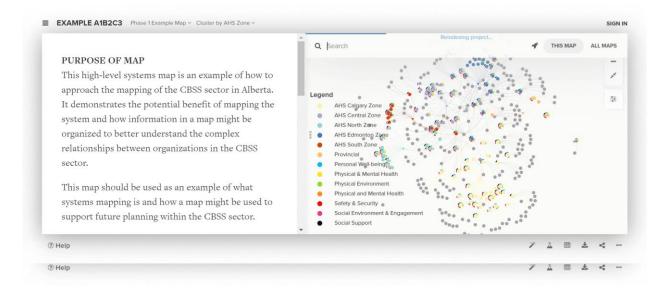
### How was the Phase 1 Systems Map generated?

This Systems Map was generated using information obtained through the systems mapping survey. Once the base Systems Map was generated, elements and connections (i.e. organizations) were edited to display a colour associated with their respective AHS zone. This map organizes the elements by AHS Zone, which means that organizations will be grouped by their geographical area.

#### What does this map show?

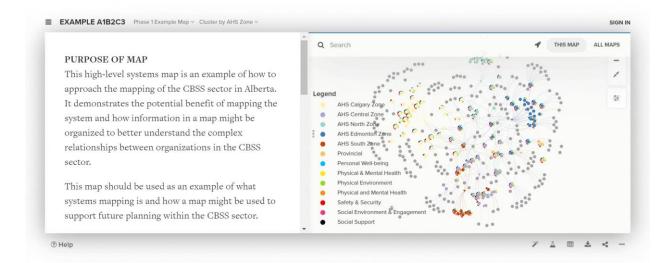
The Phase 1 Systems Map focuses primarily on three unique dimensions:

- a. Distribution of organizations by AHS Zone (see map for legend or refer to the text below)
  - Each organization is noted by a coloured circle, or bubble and is distributed on the map according to their AHS zone.
    - Yellow bubbles are organizations providing services within the AHS Calgary Zone
    - Purple bubbles are organizations providing services within the AHS Central Zone
    - Aqua bubbles are organizations providing services within the AHS North Zone
    - Blue bubbles are organizations providing services within the AHS Edmonton Zone
    - Red bubbles are organizations providing services within the AHS South Zone
    - Orange bubbles are organizations that are provincial in scope and offer services in at least 2 AHS Zones
    - Gray bubbles indicate those organizations that still require information and are not sorted by AHS Zone
    - To explore the Determinants of Healthy Aging that are associated with an organization, please refer to Section b. Determinants of Healthy Aging below.
  - To find a specific organization, click on the Search field at the top of the map beside the magnifying glass and type in the name of the organization. You will notice as you start typing a drop-down list of potential matches will appear so you can click on the correct match or continue to type the full name of the organization. You will then be zoomed in to this specific organization.



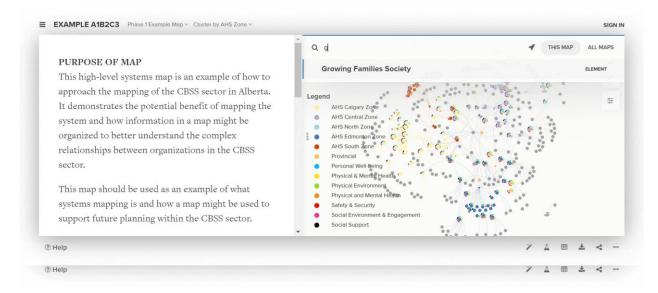
## b. Determinants of Healthy Aging (see map for legend or refer to the text below)

- Determinants of Healthy Aging included in the Systems Map are as follows:
  - Personal Well-being, for example services that support resiliency, emotional well-being, personal services, food and nutrition
  - Physical and Mental Health, for example services targeting physical fitness, healthy life choices, mental health and wellness, brain health
  - Physical Environment, for example services targeting transportation, housing, home supports
  - Safety and Security, for example services that support personal safety, financial security, vocational training/support
  - Social Environment and Engagement, for example services targeting social engagement, diversity and inclusion, volunteerism, outdoor activities
  - Social Support, for example services that provide information/referrals, social support services, caregiver supports
- You will notice there are some bubbles that have a small, multi-coloured segment on the outer edge of the bubble. These denote the Determinants of Healthy Aging associated with the organization. Please note this additional information will only appear around a bubble if the organization has provided this information through the survey. It is not an indication that an organization may or may not be addressing these determinants.
- If you type in a specific organization name in the Search field and bring up that bubble, you will see two features: the coloured segments of each determinant ascribed to the organization, and the text box on the left also lists the associated Determinants of Healthy Aging.
- In the text box, you can also hover your mouse over a specific determinant. This will highlight in blue the Determinant of Healthy Aging and it will alter the map so you can view all other organizations that have this same determinant ascribed to themselves.



## c. Relationships between organizations

- Connections or relationships between organizations are denoted by a line between two
  elements. If the AHS Zone of the organization is known, the line will be coloured
  appropriately.
- It should be noted that a connection between two organizations only indicates that there *is* a connection. It does not explain or indicate the *nature* of the connection or how the relationship between two organizations impacts service delivery.
- If you want to see the relationships of an organization, once you are zoomed into the bubble as described in *Section a. Distribution of organizations by AHS Zone*, you can simply click on the focus icon on the right side of the map, and then click on the ^ arrow directly above it to expand the focus. It there are relationships with other organizations that have been noted, you will now see lines that extend from the specific organization to other bubbles, or organizations.



Please use this guide to help you navigate the contents of the Systems Map, and if you have any questions or would like some further assistance, you can reach out to the Healthy Aging Alberta team at <a href="healthyaging@calgaryunitedway.org">healthyaging@calgaryunitedway.org</a>.

Now that you have reviewed your information in the Systems Map, please complete this brief <u>FORM</u> confirming the accuracy and approval of the information, or if you would like to revise or add further information, you will have the opportunity to do so within the form.