

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>To join by phone, call: 1-855-703-8985 and enter meeting ID: 225-573-6467#</p>		<p>1 Happy New Year!</p>	<p>2  11am: Coffee Chat</p>
<p>5  11am: Exercise  1pm: Program Preview  3pm: The Art of Racing in the Rain  4:30pm: Broadway Musicals</p>	<p>6  9:30am: Ponder This  11am: Imagination Circle  1pm: Animal Spotlight  3pm: Let's Talk About</p>	<p>7  9:30am: In the Headlines  11am: Don't Quote Me  1pm: Next Stop  3pm: Exercise</p>	<p>8 No Morning Programs  1pm: How It's Made  3pm: Coffee Chat</p>	<p>9  9:30am: Classical Music Hour  11am: Exercise  1pm: Writing For Fun  3pm: Irene Uchida</p>
<p>12  11am: Exercise  1pm: The Big Picture  3pm: The Art of Racing in the Rain  4:30pm: All About Astrology</p>	<p>13  9:30am: NPR Tiny Desk Concerts  11am: Mindfulness with Carol  1pm: Famous Firsts  3pm: Readers' Corner</p>	<p>14  9:30am: Mystery Chronicles  11am: Global Events  1pm: Coffee Chat  3pm: Exercise</p>	<p>15  9:30am: Gratitude  11am: Jeopardy  1pm: For Your Body  3pm: Working Through Grief</p>	<p>16  9:30am: Music From the 2000s  11am: Exercise: Chair Yoga  1pm: Crime and Justice  3pm: Some Good News</p>
<p>19  11am: Exercise  1pm: Worldviews  3pm: The Art of Racing in the Rain  4:30pm: Dinner Theatre</p>	<p>20  9:30am: Nostalgia Moments  11am: Imagination Circle  1pm: A Place to Belong  3pm: Nutrition For Health</p>	<p>21  9:30am: Group Crossword  11am: Leonardo da Vinci  1pm: Let's Talk About  3pm: Exercise</p>	<p>22  9:30am: Gratitude  11am: Story Lines  1pm: Science Savvy  3pm: In the Headlines</p>	<p>23  9:30am: All Request Music  11am: Exercise  1pm: Writing For Fun  3pm: Cyber Safety</p>
<p>26  11am: Exercise  1pm: Small Talk  3pm: The Art of Racing in the Rain  4:30pm: Name That Tune</p>	<p>27  9:30am: Who Sang it Best  11am: Music Meditation  1pm: Coffee Chat  3pm: Next Stop</p>	<p>28  9:30am: Vinyl Cafe  11am: Advisory Group  1pm: Living in the Tropics  3pm: Exercise</p>	<p>29  9:30am: Gratitude  11am: Who Why When  1pm: Literary Reflections  3pm: Would You Rather?</p>	<p>30  9:30am: Sounds of Nature  11am: Exercise  1pm: Life At Sea  3pm: BINGO</p>

 Pre-registration required

 Special Events

 Conversations

 Health & Wellness

 Learn & Discover

 Just for Fun!

FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11am: Exercise 1pm: In the Headlines 3pm: The Art of Racing in the Rain 4:30pm: Broadway Musicals	3 9:30am: Ponder This 11am: Imagination Circle 1pm: It's Not Right! 3pm: Animal Spotlight	4 9:30am: Crafting Circle 11am: Global Events 1pm: Word Games 3pm: Exercise	5 9:30am: Gratitude 11am: Coffee Chat 1pm: Louis Riel 3pm: Telling Your Story	6 9:30am: Songs That Tell Stories 11am: Exercise 1pm: Writing For Fun 3pm: How It's Made
9 11am: Exercise 1pm: The Big Picture 3pm: The Art of Racing in the Rain 4:30pm: Name That Sound	10 9:30am: Coffee Chat 11am: Mindfulness with Carol 1pm: Famous Firsts 3pm: Readers' Corner	11 9:30am: Mystery Chronicles 11am: Science Savvy 1pm: Let's Talk About 3pm: Exercise	12 No Morning Programs 1pm: Laughter Yoga 3pm: Worldviews	13 9:30am: Valentines Songs 11am: Exercise: Chair Yoga 1pm: Self Love 3pm: Crime and Justice
16 Happy Family Day!	17 9:30am: Nostalgia Moments 11am: Imagination Circle 1pm: A Place to Belong 3pm: Nutrition For Health	18 9:30am: Hummzinger 11am: Wildfire Regeneration 1pm: Healthy Aging Conversations 3pm: Exercise	19 9:30am: Gratitude 11am: Coffee Chat 1pm: For Your Body 3pm: Working Through Grief	20 9:30am: Songs of Faith 11am: Exercise 1pm: Writing For Fun 3pm: In the Headlines
23 11am: Exercise 1pm: Jackie Robinson 3pm: The Art of Racing in the Rain 4:30pm: Dinner Theatre	24 9:30am: Every Voice Matters 11am: Mindfulness 1pm: Who Why When 3pm: Story Lines	25 9:30am: Some Good News 11am: Equity & Diversity 1pm: Life At Sea 3pm: Exercise	26 9:30am: Gratitude 11am: Brain Games 1pm: Next Stop 3pm: Open Mic	27 9:30am: All Request Music 11am: Exercise 1pm: Let's Talk About 3pm: BINGO

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MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11am: Exercise 1pm: How It's Made 3pm: The Art of Racing in the Rain 4:30pm: Person Place or Thing	3 9:30am: Ponder This 11am: Imagination Circle 1pm: Crime and Justice 3pm: Taxes and Benefits	4 9:30am: In the Headlines 11am: Burton & Taylor 1pm: Living Documents 3pm: Exercise	5 9:30am: Gratitude 11am: Coffee Chat 1pm: Global Events 3pm: Finish the Phrase	6 9:30am: Disco Music 11am: Exercise 1pm: Writing For Fun 3pm: Famous Firsts
9 11am: Exercise 1pm: The Big Picture 3pm: Who Why When 4:30pm: Broadway Musicals	10 9:30am: Let's Talk About 11am: Mindfulness with Carol 1pm: Science Savvy 3pm: Readers' Corner	11 9:30am: Mystery Chronicles 11am: A Place to Belong 1pm: Video Coffee Chat 3pm: Exercise	12 No Morning Programs 1pm: Music Meditation 3pm: Who Got the Credit?	13 9:30am: Music Parodies 11am: Exercise: Chair Yoga 1pm: Animal Spotlight 3pm: What If?
16 11am: Exercise 1pm: Next Stop 3pm: Coffee Chat 4:30pm: Wheel of Fortune	17 9:30am: Nostalgia Moments 11am: Imagination Circle 1pm: Irish Folklore 3pm: Nutrition For Health	18 9:30am: Vinyl Cafe 11am: EPL Presents! 1pm: Worldviews 3pm: Exercise Q&A	19 9:30am: Gratitude 11am: In the Headlines 1pm: For Your Body 3pm: Working Through Grief	20 9:30am: Classical Music Hour 11am: Exercise 1pm: Writing For Fun 3pm: BINGO
23 11am: Exercise 1pm: Coffee Chat	24 11am: Malala Yousafzai	25 11am: Some Good News	26 11am: Life At Sea	27 11am: Laughter Yoga
30 11am: Let's Talk About 1pm: All Request Music	31 11am: Story Lines 1pm: Who Why When	To join by phone, call: 1-855-703-8985 and enter meeting ID: 225-573-6467#		

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