

SEBA BEACH REGIONAL GATHERING

2026 REPORT

EVENT SUMMARY

This year's Regional Gathering brought together passionate individuals from across the region who share common goals: supporting older adults and strengthening our communities.

Through the Conversation Cafe, participants had the opportunity to connect with others doing similar work, share what they are seeing on the ground, and learn how different communities are responding to both challenges and opportunities.

Attendees engaged in collaborative discussions and hands-on activities, gaining practical ideas and tools they can bring back to their own organizations and communities.

Highlights:

- Legacy Lab workshop
- The Community Hub Announcement
- Presentation from the Office of the Alberta Health Advocates
- Conversation Cafes focused on strengthening natural supports for older adults
- Networking
- Treasure hunting at the Seba Beach Seniors Thrift Shop!



35
Attendees

TYPE OF ORGANIZATIONS REPRESENTED



“Learned a lot and it makes me really think about what I can do in the future”.
~2026 Gathering Participant



96%

Attendees gained knowledge that will support them in enhancing the lives of older adults.

100%

Attendees strengthened existing relationships or partnerships as a result of participating in this Regional Gathering