



Take part in a study on everyday activities and wellbeing

Help UBC researchers better understand how people feel and think about their everyday activities and relationships in everyday life contexts. The Solitude Study (Principal Investigator: Dr. Christiane Hoppmann) seeks to gain knowledge about activities people engage in by themselves and with other people in everyday life.



THE UNIVERSITY OF BRITISH COLUMBIA

For more information, email solitude@psych.ubc.ca or phone **604-822-3549** (Canada)

Volunteers receive a President's Choice /online gift card of up to \$90.

Who can take part?

Partners aged 60 or older who live in Canada

What's involved?

Each partner is asked to complete **background information** and **brief morning and evening surveys over 2 weeks**. There is also an opportunity to participate in a **six month follow up**.