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GRHLearningandDevelopmentCentre@ahs.ca

Caregivers for Brain Injury and Stroke Survivors

A course to enhance the knowledge and skills as a caregiver.

Alberta Caregiver College®

ABOUT US

Alberta Caregiver College® is a no cost educational and resource program dedicated to providing online and virtual courses to enhance the knowledge and skills of caregivers to provide for their family member. Resources available: [Alberta Caregiver College](#)

INFORMATION

The Alberta Caregiver College® is offering a free course for informal caregivers (family or friends) of brain injury and stroke survivors in the fall and spring. Courses are from 5:00 P.M. – 7:00 P.M. via Zoom.

TOPICS COVERED

Module 1- Tues, September 17, 2024, 5:00pm -7:00pm MST
Physiological Aspects of Brain Injury and Stroke

Module 2- Thurs, September 19, 2024, 5:00pm -7:00pm MST

Part I- Communication Strategies for Caregivers related to
Brain Injury and Stroke

Part II- Functional and Mobility Issues after Brain Injury and
Stroke

Module 3- Tues, September 24, 2024, 5:00pm -7:00pm MST
Cognitive and Emotional Changes related to Brain Injury and
Stroke

Module 4- Thurs, September 26, 2024, 5:00pm -7:15pm MST
Caring for the Caregiver and Community Resources