



EDMONTON  
SENIORS  
COORDINATING  
COUNCIL

# SOCIAL PRESCRIBING

PROJECT HIGHLIGHTS YR.1 -  
NOV 2, 2023



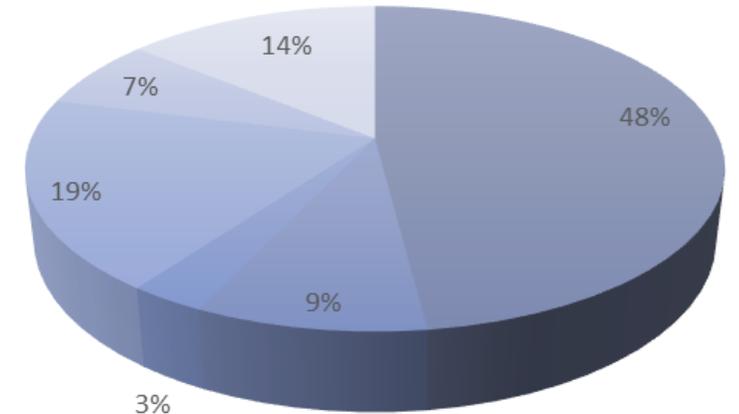
## Project Progress To Date:

Since its launch in Mid-Feb 2023,  
The Project has received over:

**450 referrals**

from over 270 Unique Healthcare Providers

### Referral Sources to end of Sept 2023:



■ HomeCare (Home Living) ■ PCN ■ Family Physician  
■ Hospital ■ Aging in Community ■ Other

### Highest Needs for services:

Navigation of Community Supports  
and Services  
Food Security  
Housekeeping  
Assisted Transportation  
Housing  
Recreation and Leisure

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# Project Partnership

The Edmonton Seniors 55+ Social Prescribing Project has benefitted from the capacity built with Sage, JFSE, ESCC, MCHB, Drive Happiness and expanded its partnership to include Edmonton Meals on Wheels and Caregiver's Alberta.

The project partners better understand each other's organizations and the services they provide.

A formal referral pathway has been developed for referrals from from Healthcare Providers.



# CONNECTING WITH HEALTH TEAMS

PRESENTATIONS MADE TO HEALTHCARE TEAMS: 18

# OF PROVIDERS IN ATTENDANCE- 522

REFERRAL AND FAQ DOCS DISTRIBUTED: 2396

Distributed to:	HCP's
Geriatric Grand Rounds Mailing List	874
Edmonton Zone AHS Newsletter	1000
Presentation Follow-Ups	522



# Edmonton Social Prescribing Seniors 55+

A Prescription for Change



I've been referred to the Edmonton Social Prescribing Seniors 55+ Project. What's next?

## Step 1

Your healthcare professional has completed a referral to access community supports

\*Healthcare providers needing information on how to make a referral can call 587-635-1575.

## Step 2

A Link Worker will contact you directly by phone to set up a time to connect

## Step 3

The Link Worker will partner with you to provide access to supports in the community

## What is Social Prescribing?

Your healthcare provider has made a Social Prescription to link you with someone who will listen to your needs and can help you:

- Access services
- Connect with others

## How does this program benefit you?

The program connects you with the right resources to help you save time, for example:

- Navigation of Community Supports and Services
- Assistance with Applications for Financial Benefits
- Meal Assistance/ Food Security
- Housekeeping
- Grocery Shopping
- Assisted Transportation
- Socialization
- Housing
- Legal Assistance
- Elder Abuse
- Snow Shoveling/ Yard Maintenance
- Recreation/ Leisure

## What is a Link Worker?

A Link Worker is a non-healthcare professional working in a community organization such as Sage Seniors Association, Jewish Family Services Edmonton, or the Multicultural Health Brokers. They will support you in developing and achieving your personalized set of goals by engaging with community resources.

Link Workers do not replace the role of your health provider, but rather, they will work with you to identify and achieve your goals.

## Helping you access services you can afford:

Some services may have additional associated costs. When you meet with the Social Prescribing Link Worker or Case Manager, they will help to determine those costs and whether you may be eligible for subsidized costs.

For Further Information on Social Prescribing, please visit our website at <https://seniorscouncil.net/social-prescribing/>

