



# Connecting People & Community for Living Well Partners' Meeting

DATE: **October 24, 2023**

TIME: **9:30 to 10:30am MDT**



**WELCOME!**  
We invite you to write in the chat box  
and let us know your...

**NAME**

**LOCATION**

**ORGANIZATION**

**We will start shortly**

HEALTHY AGING  
**CORE** Collaborative Online  
Resources & Education  
ALBERTA



## AGENDA

- Welcome!
- **Connecting People & Community for Living Well Initiative**
  - Website & online resources
  - Lessons Learned from 2020-2023 Health Canada grant
  - 2023-2026 Health Canada grant overview
- Resources & FYI's
- Next meeting **November 28, 2023, 9:30-10:30am MT**



# WEBSITE: [www.ahs.ca/cpclw](http://www.ahs.ca/cpclw)

## Connecting People & Community for Living Well

Transforming local care and supports to build and sustain wellbeing



Our team works provincially with rural multi-sector community teams to build and sustain the wellbeing of local underserved populations such as seniors impacted by dementia, and others who may benefit from enhanced support within their community.

[At-a-Glance](#)

[Model & Resource Bundle](#)

[Our Team](#)

[Progress to Date](#)

### Featured

CPCLW [final evaluation report and summary](#) now available

Highlighting outcomes for five Alberta communities, factors influencing wellbeing, implementation processes, impacts and lessons learned

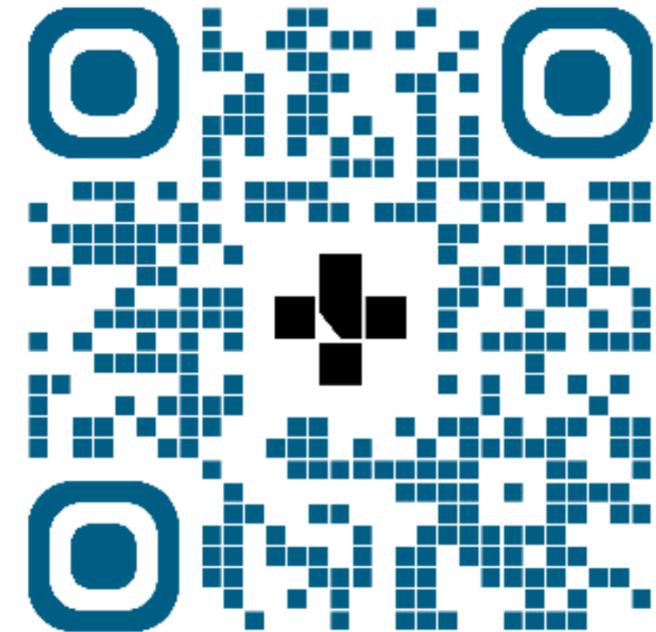
### Local Stories & Case Studies

Examples of community partnerships, action and successes across Alberta.

[More >](#)

### Evidence of Impact

- [Activities & impact infographic \(2020-2022\)](#)
- [Applied Research Summary, Health Canada Grant \(2023\)](#)
- [CPCLW final evaluation report & Summary \(2023\)](#)



- Email us at: [cpclw@ahs.ca](mailto:cpclw@ahs.ca)
- Visit our website at: [www.ahs.ca/cpclw](http://www.ahs.ca/cpclw)
- View our playlist on [Healthy Aging Alberta - YouTube](#)

# 2020 - 2023 HEALTH CANADA GRANT - OVERVIEW

Where?

- Rural focus
- 5 communities

Why?

- Building & sustaining individual and collective wellbeing in the community

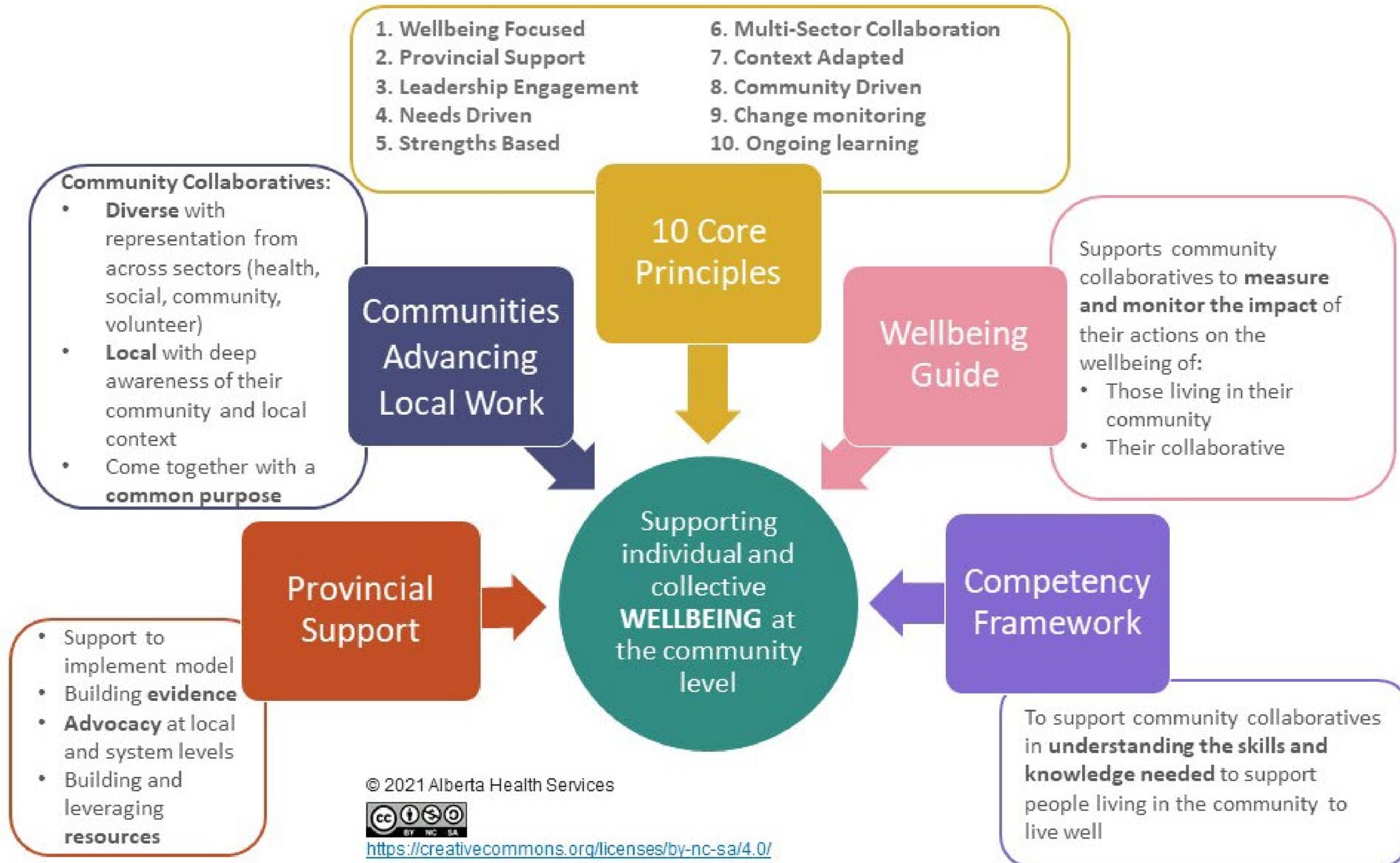
Who?

- Persons living with dementia
- Carers
- Multi-sector community teams

How?

- Model
- Applied research
- Wellbeing Guide
- Competency Framework

# CONNECTING PEOPLE & COMMUNITY FOR LIVING WELL - MODEL



# 2020-2023 COMMUNITIES



## Westlock

### Highlights:

- Westlock Compassionate Communities
- Embracing lived experience
- Intergenerational



## Drumheller

### Highlights:

- Reaching the hard to reach
- Activities as stepping stones
- Community Day Program

## Three Hills & Kneehill County



### Highlights:

- Growth of team
- Building volunteer base
- Inclusivity

## Stony Plain



### Highlights:

- Those with lived experience on Collaborative
- Every space is a safe space
- Found a way to weave this work into ongoing work



## Innisfail

### Highlights:

- *Community Partners in Action Society*
- Growth of virtual programs
- Pop-ups

# UNDERSTANDING IMPACT: A MULTI-FACETED APPROACH





# CHECKING IN

A person with long blonde hair, wearing a grey sweater, is sitting at a wooden desk in a library. They are using a silver laptop. The background is filled with bookshelves. A black coffee cup is on the desk to the right. A semi-transparent white box with text is overlaid on the laptop screen.

**2020-2023 HEALTH  
CANADA GRANT:  
LESSONS LEARNED**

# LESSON # 1: Engaging those with lived experience is essential



Meaningful and ongoing engagement acknowledges the profound impact that organization & system decisions have on individuals & communities.



## LESSON #2: A wellbeing approach can impact individuals, communities, and systems



Keeps the focus of the work on those it is intended to support.



# LESSON #3: Trust and relationship building is central



Early & ongoing investment reaps rewards.  
It takes a long time to build back trust once  
eroded.



# LESSON #4: Consistent resources are needed



Capacity increases with consistent resources.



# LESSON #5: Efforts to leverage existing resources supports sustainability



Local, national or international resources exist.  
No one-size fits all.



# LESSON #6: Evaluating this type of work is best done by using a multi-faceted approach



Find ways to understand impact at an individual, community & system level.



# LESSON #7: Broad communication of progress & learnings builds evidence base



Create space where those interested in this type of work can share knowledge/resources and network.

Create documents with multiple uses.



# LESSON #8: Partnering across sectors supports sustainability & advancing relevant approaches



Contributions from diverse partners leads to shared accountability and responsibility.  
“No door is the wrong door.”





# CHECKING IN



**THE NEXT 3 YEARS...**

# 2023-2026 HEALTH CANADA GRANT

## Rural Community Focus - 5 Activities

1. **Sustain** activities in 2020-2023 communities
2. **Spread** to support people affected by dementia in two additional communities
3. **Scale** the model to support additional underserved populations in up to five communities
4. **Knowledge translation**, policy & infrastructure, provincial workshops
5. **Evaluation** and Social Return on Investment (SROI)





**Scale Activity:**

**Applying the *Connecting People & Community Model*  
to new populations**

# PROVINCIAL LEARNING WORKSHOPS



Will be held in 2024 and 2025  
Stay tuned for dates & locations!



# QUESTIONS/DISCUSSION

## RESOURCES & FYI's

- [Caregiver-Centred Care](#) is person-centered care for family caregivers.
  - Call-out for Champions - Jasneet Parmar & Sharon Anderson
- Healthcare Excellence Canada (HEC) is now accepting applications for [Enabling Aging in Place](#).
  - [Informational webinar](#) on Oct 25
  - [Applications](#) due November 15



# JOIN US ON HEALTHY AGING CORE ALBERTA

<https://corealberta.ca>

The image shows a screenshot of the Healthy Aging CORE Alberta website. At the top left is the logo for 'HEALTHY AGING CORE ALBERTA Collaborative Online Resources & Education'. To the right of the logo is a dropdown menu set to 'CORE Alberta' and a search bar. Further right are a globe icon, 'LOG IN', and a 'SIGN UP' button with a right-pointing arrow, which is highlighted by a red arrow labeled '1'. Below the header is a dark blue navigation bar with links for 'Home', 'Groups', 'Funding Opportunities', 'Network Partners & Organizations', 'Resources', 'Training & Events', and 'News'. The 'Home' link is highlighted by a red arrow labeled '2'. The main content area features a large banner with a photo of people and the text 'Healthy Aging CORE Alberta'. Below this banner is a section titled 'The knowledge hub connecting organizations that support and advance independent living for older Albertans' with a 'SIGN UP' button. To the right is a featured group card for 'Connecting People & Community for Living Well' with a '+21' member count and a '+ JOIN' button, which is highlighted by a red arrow labeled '3'.

# CONTACT INFORMATION

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