



Connecting People and Community for Living Well Partner's Meeting

DATE: 27-Sep-2022

TIME: 9:30 to 10:30am MST

WELCOME!

**We invite you to write in the chat box and let us know
your...**

NAME

LOCATION

ORGANIZATION

We will start shortly

HEALTHY AGING

CORE

Collaborative Online
Resources & Education

ALBERTA

AGENDA

- Welcome back to the 2022-2023 season of the Partner's Meeting!
- Presentation by Drumheller Community Seniors Coalition
- Discussion around 2022-2023 season

Drumheller Community Seniors Coalition



SEPTEMBER 27, 2022

Who Is Involved?

- ▶ Amanda Panisiak: Registered Nurse with the Primary Care Network: No referral needed: Call the Clinic at 403-823-3345, extension 408
- ▶ Liza Trohan: AHS Seniors Outreach Nurse: Contact by referral from Doctor, PCN nurse, or AHS mental Health team
- ▶ Karen Schneck: Town of Drumheller/FCSS Senior Services Coordinator: Call 403-823-1317
- ▶ Kim Larsen/Lisa Orton: AHS Community Recreation Therapists: Call 403-820-7297
- ▶ The above team collaborates and works together to provide services and ensure no one “falls between the cracks”



How it started:

- ▶ Amanda and Liza have been working together with the PHC IGSI team to provide creative and innovative solutions to issues facing seniors in the Drumheller community since 2017.
- ▶ Kim and Lisa got a temporary position as community recreation therapists in July 2021. This was through special government funding called a COVID uplift. Their position will end September 30, 2022.
- ▶ Karen came on board when she was hired as the town of Drumheller senior services coordinator.
- ▶ We met with PHC IGSI on a monthly and now bi-monthly basis to go through the wellbeing guide and set out our key learnings and work plan for the Health Canada grant \$.

Activities Pursued

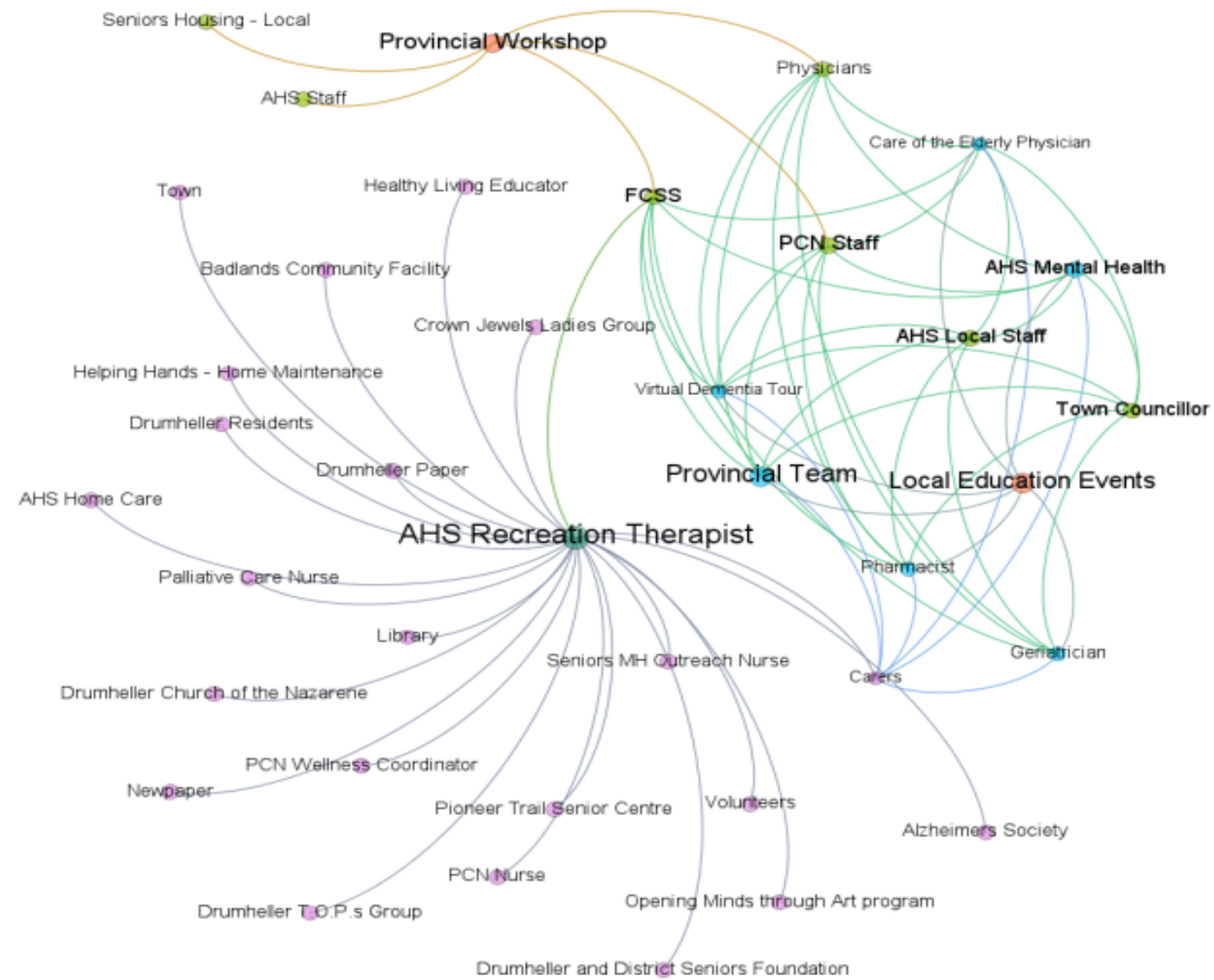
- ▶ **Based on the work plan generated from the well being guide we have been able to implement: (Since July 2021)**
- ▶ Senior Circle of Connection (Adult Day Support) Program: Weekly program providing meaningful activity for the person living with dementia and respite for their care giver
- ▶ Monthly Caregiver Education and Support Sessions: running the last Tuesday of the month at the same time as the day program
- ▶ Memory Café: Monthly program for people living with dementia or at risk of isolation and their care partners- **we received the ABCD grant through the Rural Development Network to facilitate this program <https://www.rdndementia.ca/abcdpilotprojects/drumheller>
- ▶ Opening Minds Through Art: Weekly art therapy program that ran for 5 weeks July 20-August 24
- ▶ OMA Art Show: September 13-30 at the library showcasing the work done by the OMA clients
- ▶ Seniors Fair: Coming up Thursday September 29! We have 4 speakers and a vendor trade show. So far we have 90 seniors registered to attend!
- ▶ Men's Coffee Crew: Drop in social coffee group for men happening the 2nd and 4th Fridays of the month

What else??

- ▶ Also using the results from the wellbeing guide we have supported local seniors by:
- ▶ Providing subsidized transportation to community group programs. The town of Drumheller covers transportation to the day program but the coalition has provided punch card passes for clients to use to attend our other programs.
- ▶ Put together monthly calendars with programs and events for people 55+- also posted on the Town of Drumheller Seniors website
- ▶ Community Mail Out Information Packages: June 2022 and September 2022: these have been really successful! They have included info such as a description of the coalition and their services, posters and info about upcoming seniors programs, a calendar of seniors events for the month.

Networking Map

Connecting People and Community for Living Well - Network Map for Drumheller



- Partners
- Attendee
- Presenter
- Event
- Key Contact

Wellbeing Guide:

- ▶ The wellbeing guide helped us prioritize our work in the community
- ▶ We knew where large gaps were -the guide helped us pinpoint the work that could be done to address the needs
- ▶ Made sure we didn't overlook any area or target group (PLWD, carers or community)
- ▶ Showed the overlap for people living with dementia and caregivers and how their needs can be similar- certain programs or initiatives could benefit both target groups

Key Learnings:

- ▶ Collaborating with other key professionals in the community leads to far greater outcomes than working alone or in silos. Outcomes include better brainstorming, problem solving, creativity, more ideas and a far larger and multi-faceted outreach to community members
- ▶ Community mass mail outs were a GREAT way to reach many people living in the community. We reached out over 4000 households in the 2 mail outs we did!
- ▶ The need for community based programs for seniors (especially those living with dementia, their care partners and those at high risk of isolation) is there and it is real. And most importantly- the community based programs make a difference!
- ▶ Don't be discouraged if the program is not well attended initially- Rome wasn't built in a day! For example, our circle of connection day program started in October 2021 with 4 participants. Our programs now have 9-15 participants each week!

Successes and Barriers

▶ Factors that contributed to our **success**:

- ▶ Passionate and knowledgeable coalition team members- shared a common goal and drive to improve quality of life for community seniors
- ▶ Recreation Therapy positions in the community were key to put coalition ideas and goals into action

Barriers:

- ▶ Lack of funding and support from AHS for community work. We were able to prove the need for and benefit of community AHS positions but it is not a priority for AHS funding- permanent funding was requested and was denied.
- ▶ Recreation therapy position ends September 30- the work of the coalition will fall back to 3 members who all hold full time jobs besides the coalition work.
- ▶ Lobbying to government does not appear to be effective. Funding is not providing the support needed to keep people living well at home. Frustration that what we hear from seniors living in the community about what matters most to them and what is important to them (aging in place and living well at home) is not being heard and supported by government funding for community based positions.

Questions and Discussion

Panel: Kim, Lisa and Amanda



Planning for 2022-2023 Season

Sep-2022 through Dec-2022:

- Presentations by teams participating in the Health Canada grant

Jan-2023 through Jun-2023:

- What would you like to see?

Last season meetings:

- Round table
- Engaging with people living with dementia (Alzheimers Society)
- Storytelling (Tamarack)
- Leadership engagement
- CORE Alberta presentation
- Connecting local work to international priorities - Norah Keating
- Dementia Advice Line – Health Link
- CORE BC – Overview of community supports (Kahir Lalji)

Join us!

Add New

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MSG

ALERTS

MY PROFILE

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CONNECTING PEOPLE & COMMUNITY FOR LIVING WELL

JOIN

Open group | 14 members



Group Home Discussions Resources Events Training

Guided by *10 core principles*, a small provincial team works with community teams to adopt the *Connecting People & Community for Living Well* approach to support the wellbeing of

Add New Group Content

