



**DEMENTIAALBERTA.CA**

YOUR RESOURCE TO NAVIGATE

# Dementia in the Workplace

**DementiaAlberta.ca** is a web-based resource offered by the Alzheimer Society of Alberta and Northwest Territories for Alberta employers and their employees. It offers information and guidance to help Alberta employers and employees navigate dementia in the workplace with confidence, compassion, and hope.

## Why DementiaAlberta.ca

With more than 50,000 Albertans living with dementia in 2021, and this number expected to double by 2030, it is important both Alberta employers and employees impacted by dementia have the resources they need to feel confident making informed choices in the workplace. It can benefit both employers and employees if Albertans diagnosed with dementia – or individuals who provide care to someone diagnosed with dementia – are able to stay in the workplace as long as possible.

## How Can DementiaAlberta.ca Help

DementiaAlberta.ca reflects questions, experiences, and advice from Albertans diagnosed with dementia while in the workplace, care partners, and Alberta-based employers. It provides information and guidance related to:

- The warning signs of dementia and where to seek help.
- How to have productive, compassionate conversations related to dementia in the workplace.
- Alberta's laws and employment standards, and how they apply when an employee is diagnosed with dementia or is a care provider to someone diagnosed with dementia.
- How to build and contribute to a dementia-inclusive work environment.
- Employer-led and community-based services, supports, and resources available to people impacted by dementia.

**1 in 3 Albertans** are either living with dementia or having experience caring for someone with dementia. Many are in the workforce.



Navigate dementia in the workplace with hope, compassion, and clarity.

## How Employers Can Use **DEMENTIAALBERTA.CA**

Alberta employers can refer to DementiaAlberta.ca to learn about the benefits of a dementia-inclusive workplace and how to build and encourage one.

They can also ensure DementiaAlberta.ca is a familiar and easily accessible resource for their supervisors and employees by including it, and content from it, as part of:

- Workplace health, wellness, and accommodations resources.
- Employee onboarding materials and handbooks.
- Diversity, equity, and inclusion training and resources.
- Supervisor and employee training.



## Accessing Supports and Services

Please contact the **Alzheimer Society** at **1-866-950-5465** if you:

- Have questions about Dementia in the Workplace.
- Are seeking information about dementia, including available supports and services.



If you or someone you know is living with dementia or is a care partner, ask to connect with the Alzheimer Society's First Link® program. First Link® is accessible through the Alzheimer Society at 1-866-950-5465 and offers Albertans impacted by dementia access to beneficial supports and services.

*Alzheimer Society*

ALBERTA AND  
NORTHWEST TERRITORIES

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