

COVID-19 INFORMATION

# PRACTICE PHYSICAL DISTANCING

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**Keep at least 2 metres (about the length of a hockey stick) between you and others. If you are too close to someone who coughs or sneezes, you risk breathing in tiny droplets that could contain the COVID-19 virus.**

[alberta.ca/covid19](https://alberta.ca/covid19)

*Alberta* 

April 1, 2020