

Hello everyone,

Thank you for attending the October 23, 2024 session "*Partnering a Path Forward Webinar Series- Conversations on Caregiver Respite*" hosted by our CORE Alberta Caregivers Group. Please join us on [CORE Alberta](#) in the Caregivers group to continue discussions to support caregivers, share resources to support caregivers, and get information about upcoming events.

If you would like to re-watch the recording or if you were unable to attend, here is the recording of the [session](#). If you haven't yet, please complete this survey for our session so we can know what topics you want to see and what you thought about this session <https://forms.office.com/r/SDAjTABPpy>

The Caregivers CORE Group thanks you for joining us and we hope to see you at future events we host!
~ Caregivers CORE Group

Here are some additional resources from our group and presenters:

Respite Resources:

- Stephanie Muskat Podcast Episode "*Examining our expectations of respite care: setting ourselves up for success when it comes to maximizing our respite experiences and outcomes (Episode 97)*": <https://www.buzzsprout.com/1803203/episodes/15166692>
- Atlas of Care Map: <https://atlasofcaregiving.com/caremap/>
- Contact the Caregivers Support line: **1-877-453-5088**
- SASHA Client Brochure: [_2024 Client Brochure.docx \(3\) \(1\).pdf](#)
- Compassion Network - <https://www.compassionnetwork.ca/>
- Sage <https://www.mysage.ca/>

Upcoming Events and Trainings:

- [COMPASS for the Caregiver](#) by *Caregivers Alberta*
- **Nov 6** Caregivers CORE session on "[Family Caregivers as Visible and Valued Partners in the Healthcare System: Competency Based Education for the Health Workforce](#)" Presented by Dr. Jasneet Parmar and Glenda Tarnowski with *Caregiver-Centered Care*.
- [Upcoming webinars](#) at the *Alzheimer Society of Alberta and NWT*.
- If you are a Health or Social care provider interested in building your competence and confidence in supporting family caregivers check out *Caregiver-Centered Care* free online education at: www.caregivercare.ca (*This has been developed by the University of Alberta- Department of Family Medicine*)
- St Andrews Church <https://www.standrewscalgary.ca/events>
- Unison Events <https://unisonalberta.com/programs-events>

If you would like to watch a recording of one of our past events, you can find the playlist of all Caregivers group recordings here: [\(1\) CORE Caregivers Group - YouTube](#)