

Social Prescribing for Older Adults Program

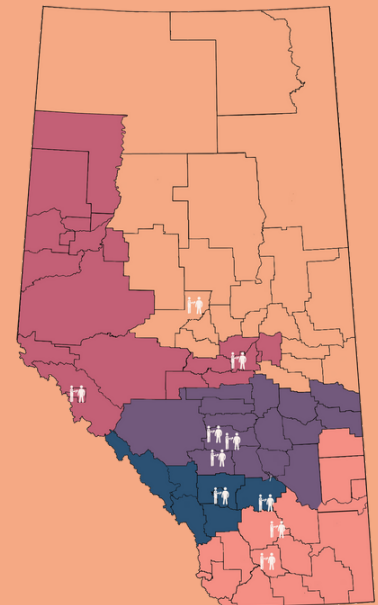
Facilitated by Healthy Aging Alberta



Social prescribing is a holistic approach to healthcare that provides a formal referral pathway for healthcare providers to connect patients to community-based services. This provides much-needed assistance – to doctors and patients alike – and bridges the gap between medical and social care services. With access to adequate food, housing, transportation and mental health support, older adults can maintain their health in the long term.

10 Communities

- Edmonton Seniors 55+ Social Prescribing Program
- Lethbridge: Seniors Community Services Partnership – Seniors System Navigation Team
- Calgary: Aging in Community Supports Program
- Jasper Seniors 55+ Social Prescribing Program
- Whitecourt Seniors Resource Program
- Innisfail RX Living Well Social Prescribing Program
- Red Deer: The Golden Circle's 50+ Circle of Support Social Prescribing Program
- Strathmore/Wheatland County: Link Care 55+: Bridging Health with Social Prescribing Program
- Sylvan Lake Aging Well Social Prescribing Program
- Vulcan Social Prescribing Program: Live Long & Live Well



Through the Social Prescribing for Older Adults Program, Healthy Aging Alberta is responsible for the following:

- Establishing shared principles
- Ensuring that social prescribing programs focused on older adults are aligned through best practice guidelines
- Developing a shared evaluation framework
- Liaising with provincial stakeholders
- Convening a provincial community of practice
- Advocating and facilitating future investment in social prescribing programs for older adults across Alberta
- Working with the Canadian Institute for Social Prescribing to ensure that work in Alberta is aligned with the National Social Prescribing Framework

