



# Appropriate Prescribing and Medication Use for Older Albertans

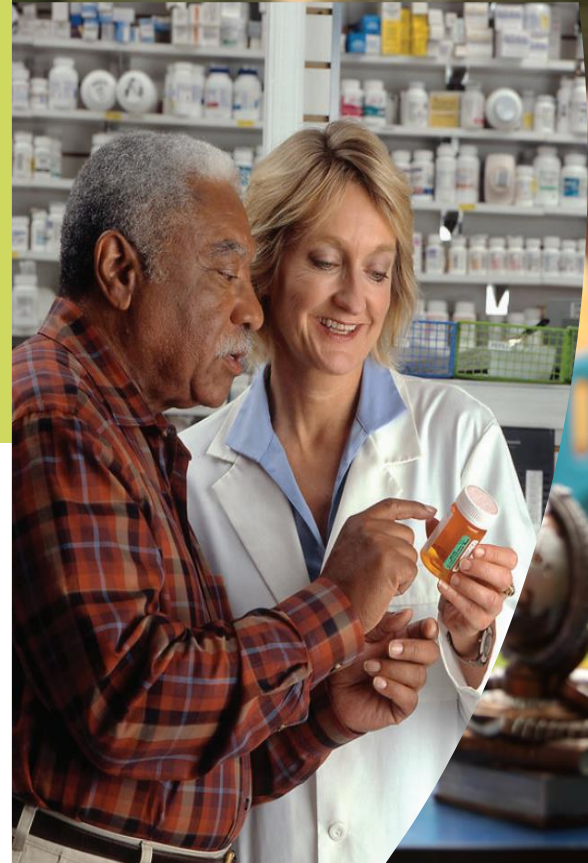
Imagine taking a walk in the life of George. George is a 78-year-old man living in a supportive living facility. He takes 28 pills everyday but does not know what they are for. His daughter Laura is also struggling to find out why he needs these many medications.

Gaining insights to these experiences, Provincial Seniors Health and Continuing Care (PSHCC) created a [strategy](#) in 2020, to optimize the safety and quality of life of older adults through the appropriate prescribing of medications.

The Provincial Appropriate Prescribing and Medication Use Strategy for Older Albertans (APMUSOA) Committee seeks to support the strategy's recommendations.

We can address this together!

We are seeking to collaborate with you and your teams to address inappropriate polypharmacy in older Albertans!



Do you have feedback or ideas that support [appropriate prescribing and medication use for older adults](#)?

We'd love to hear from you!

Contact us with your ideas: big or small!

Please complete the [APMUSOA Intake Tool](#) or email us at [seniorshealth.scn@ahs.ca](mailto:seniorshealth.scn@ahs.ca)

For more information, visit:  
[APMUSOA | Alberta Health Services](#)

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