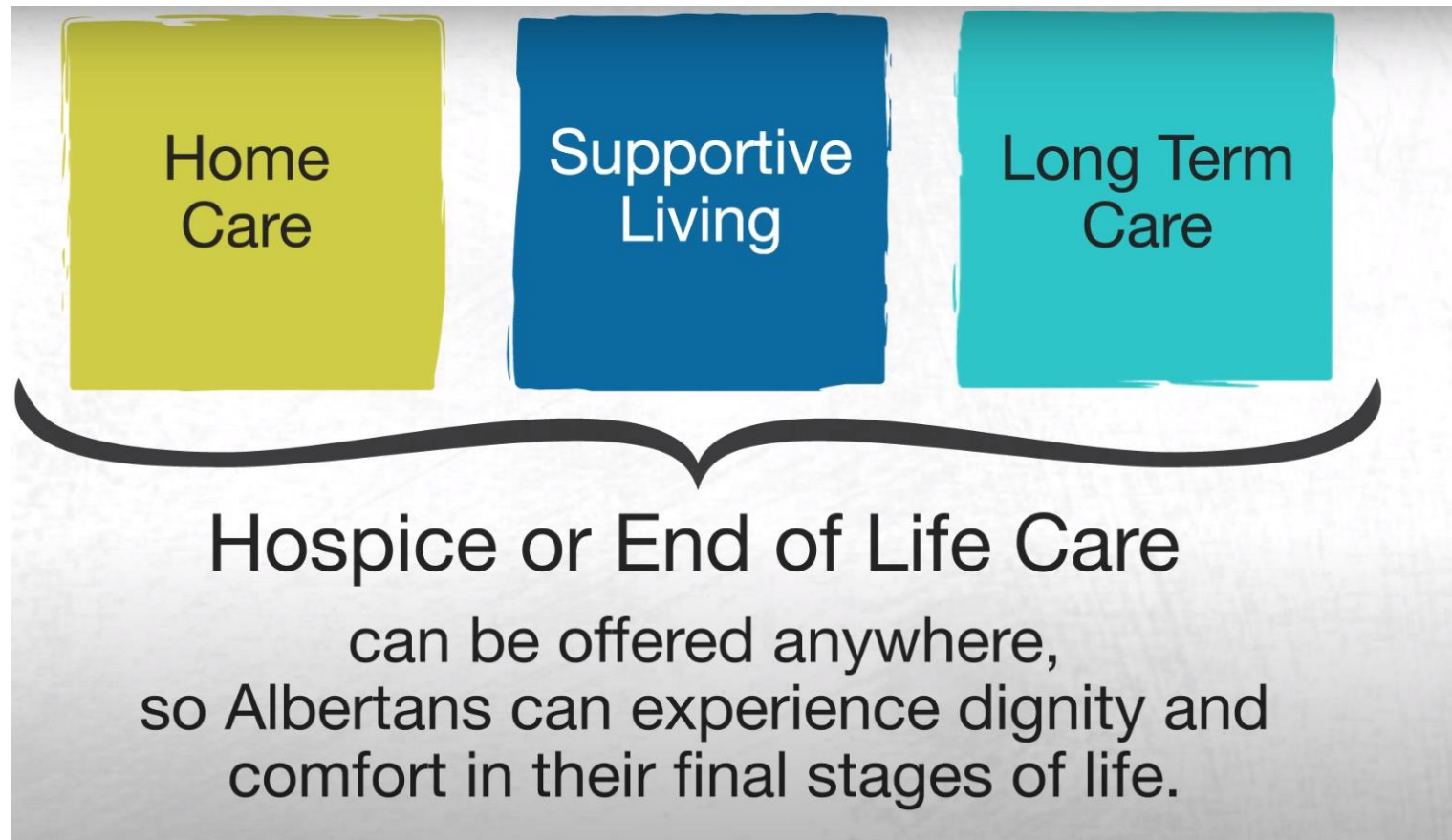


# Continuing Care Services 101

# Welcome to Continuing Care



# What is Home Care?

Supports Albertans  
of all ages to remain  
well and independent  
in their own homes  
for as long as  
possible

In 2021/22,  
home care in  
Alberta assisted  
**121,560** clients.

# Goals of Home Care

- healthy and independent longer
- connections
- reduce need for Emergency/ Acute Care
- allow for earlier discharge
- delay need for other higher levels of care
- respect an individual's choice



---

# Supportive Living

## Supportive Living (access via Site Directly)

- Contact site directly
- Seniors Lodges: Can receive Home Care
- Private Supportive Living: May offer healthcare services

DSL

## Supportive Living (access via AHS)

- Contact via AHS Continuing Care Access Line
- DSL 3: HCA (Nurse on-call); Personal/health needs
- DSL 4: Nurse, HCA; Personal/health needs
- DSL 4D: Dementia; Nurse, HCA; Personal/health needs

# Long Term Care

- complex, unpredictable medical needs
- 24-hour onsite Registered Nurse
- recreation and leisure
- all direct and consultative healthcare services are provided on site, including physician visits



# Hospice or End of Life Care

A philosophy and an approach to care that enables all individuals with a life-limiting illness to receive integrated and coordinated care across the continuum.

Incorporates patient and family values, preferences and goals of care, and spans the disease process from early diagnosis to end of life, including bereavement.

Utilizes an interdisciplinary approach to:

- meet the individualized needs of patients, their families and/or caregivers
- addresses physical, emotional, spiritual, practical and social concerns
- for individuals at all ages and stages of life



Palliative, End of Life Care  
(PEOLC [Link](#))

# How to access Continuing Care services?

## Continuing Care Access Line

- [North](#)
- [Edmonton](#)
- [Central](#)
- [Calgary](#)
- [South](#)

[Zone Map](#)

## Other Links

- [Dementia Advice Line - 811](#)
- [Continuing Care Web Site](#)
  - More information and access Facility Directory
- [Palliative, End of Life Care](#)



# Test Your Knowledge

---

Does anyone have a loved-one  
that has accessed continuing care  
services?

Yes

No

---

To access continuing care services, do you need a referral from your doctor?

True

False

---

# Continuing Care has how many types of Care Streams?

- One
- Two
- Three

---

Have you or anyone you know  
used the Continuing Care Facility  
Directory?

Yes

No

---

One of the goals of Home Care is to support individuals to stay healthy and independent longer.

True

False

---

Supportive Living can be accessed through site directly or via AHS Case Manager

True

False

---

The care provided in LTC is specifically designed for individuals with complex and unpredictable medical needs requiring 24-hour onsite Registered Nurse intervention

True

False



---

Continuing Care Service Line is  
one of the major ways of accessing  
continuing care services

True

False

---

Do you have any ideas to help  
improve continuing care...  
such as:

- access
- types of services
- quality of services

# Questions

[ContinuingCare@albertahealthservices.ca](mailto:ContinuingCare@albertahealthservices.ca)



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