

Grow the Conversation
It's Not Right for Neighbours,
Friends and Families

COllaborative Online
Resources & Education
ALBERTA

**DATE: June 13, 2022** 

TIME: 10:30 a.m. to 12:00 p.m.

**HOST: Amanda Midgley** 

**FCSS Coordinator, Foothills County** 

Co-Chair, Foothills Elder Abuse Awareness CCR



#### **Hosted by CORE Elder Abuse Group**



#### **AGENDA**

- It's Not Right Presentation Quick Overview
- See it, Name it, Check it! Conversation
- Scenario Moving In Discuss different strategies
- Disclosures How can we support an older adult?
- Alberta Elder Abuse Awareness Council History/Support
- What Resources Available
- Discussion/Questions
- Wrap up





#### **POLL QUESTIONS**

- 1. Have you seen a presentation on It's Not Right for Neighbours Friends and Families for Older Adults?
- 2. Do you suspect or know an older adult who is being or has been abused?
- 3. Are you a service provider that is working with an older adult you suspect is being abused?







#### Let's Talk About Elder Abuse





















# Today YOU will learn to:

- Recognize warning signs of abuse √
- Recognize ageism √
  - Respond safely and supportively
  - Little things YOU do can make a big difference!
- Find help in your community







# For your journey to support: 5 SNCit!



\*3. CHECK it!

2. NAME it!

1. **SEE** it!



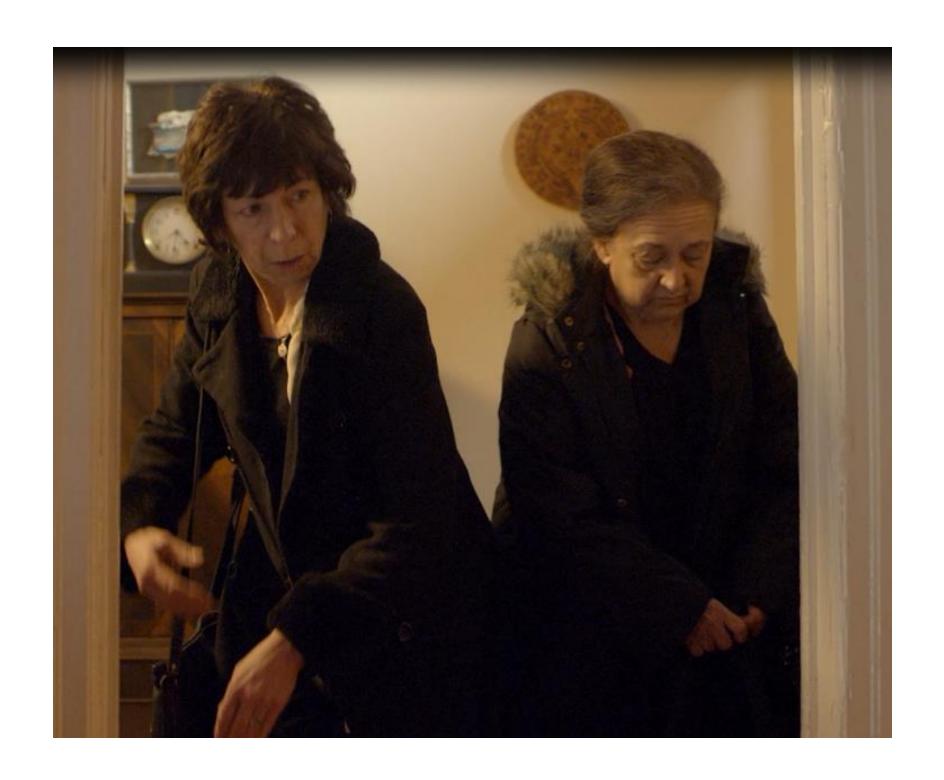


# What makes you feel uncomfortable?



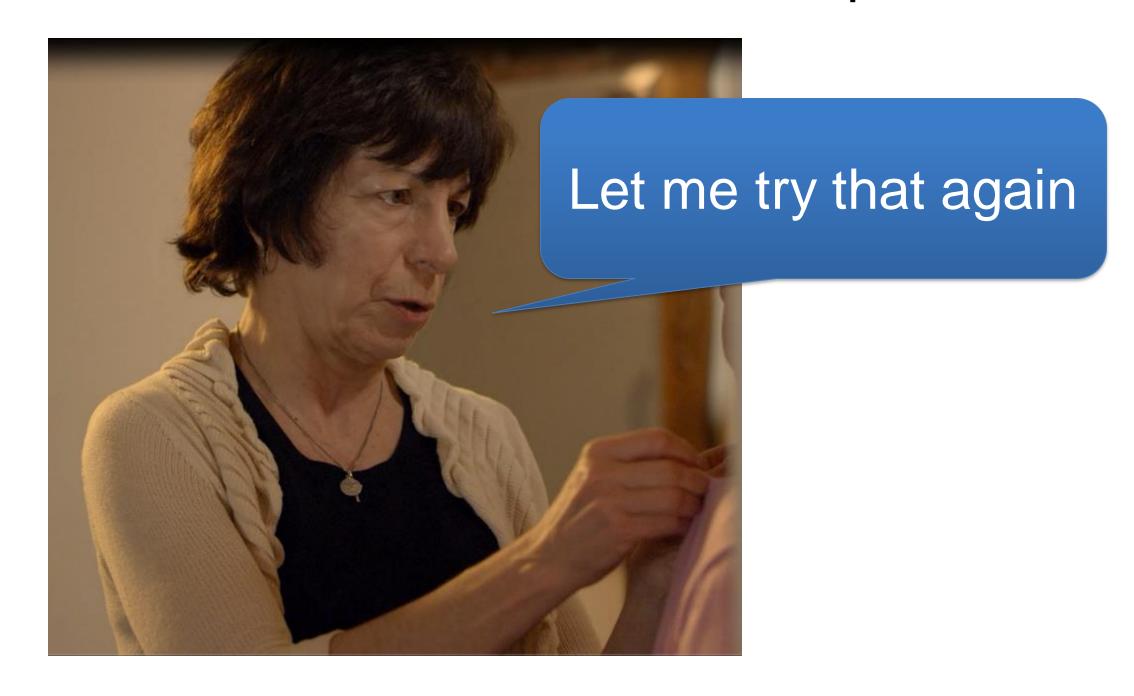
Watch for warning signs

#### Francesca is Carla's friend



Watch for the impact on Carla

Do you think that Francesca genuinely cares about her friend and wants to help?



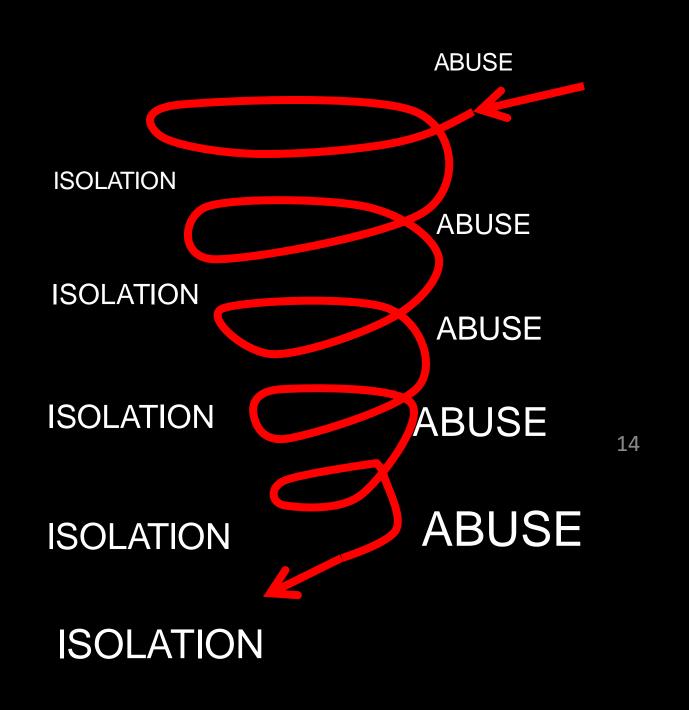
Watch for the impact on Carla

# What else does Francesca do?

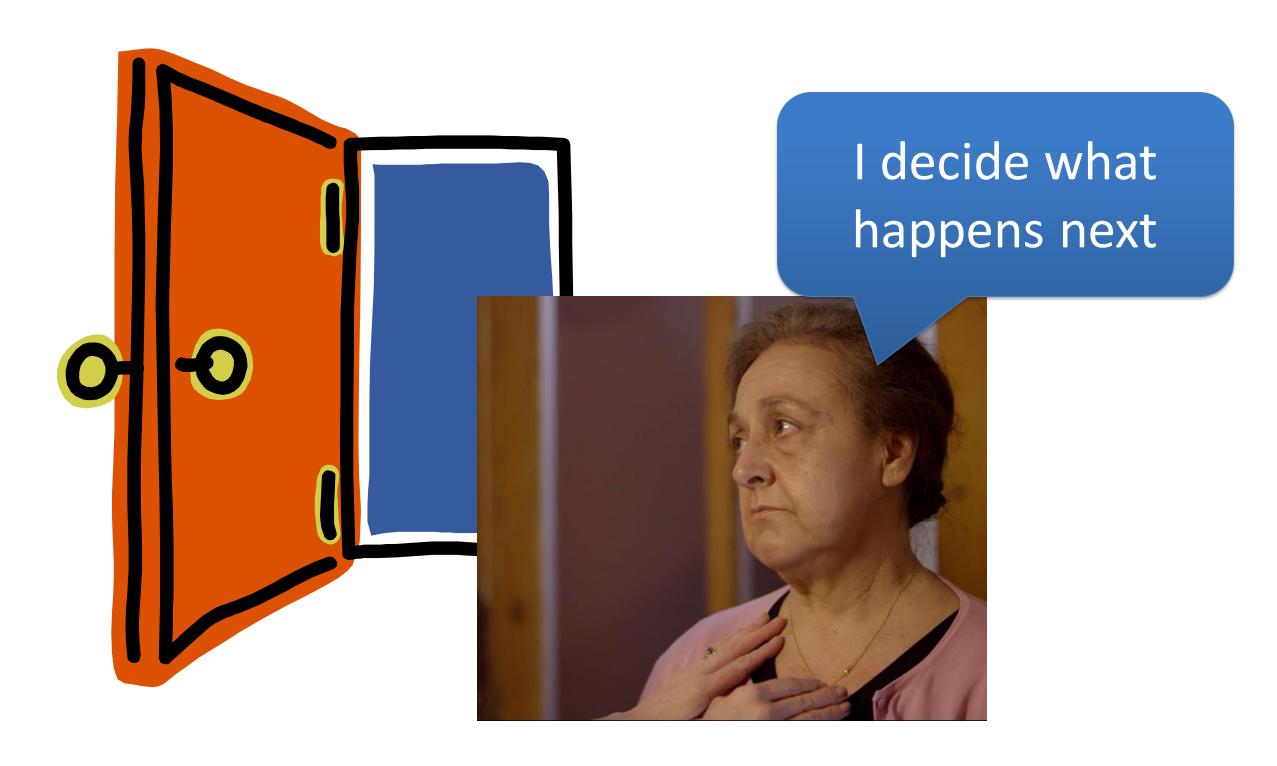


- She <u>sees</u> the disorder and asks a question
- She names her concern "I'm worried about you"
- She listens without judgement
- She makes contact with Carla
- She asks a question
- She interrupts the isolation

# Isolation



Isolation is a risk factor for abuse and is also a result of abuse that becomes deeper and more profound as the abuse escalates



What will happen next?



#### **DISCLOSURES**

- 1. Acknowledge "I'm sorry this happened to you".
- 2. Listen and be supportive.
- 3. Encourage them to reach out for help.
- 4. Remember that is not your responsibility to 'solve' another person's problems.
- 5. Don't be afraid to seek professional advice for yourself.





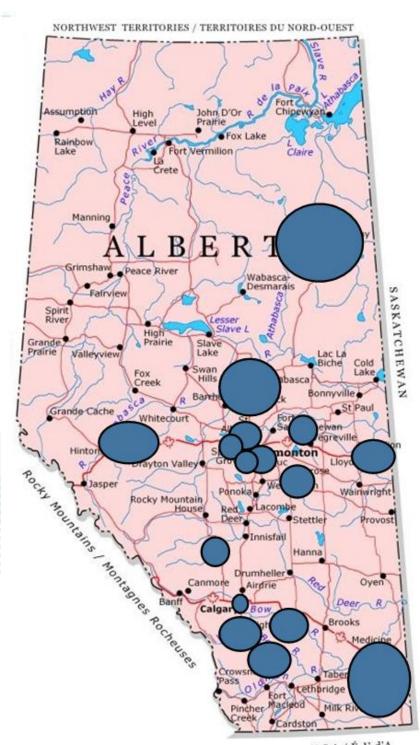


#### Alberta Elder Abuse Awareness Council

#### **History of Support**

#### Information from AEAAC:

- 2012 It's Not Right: Neighbours, Friends and Families (INR) developed by Western University through a New Horizons grant.
- 2017 Launched It's Not Right: Neighbours, Friends and Families (INR) as an on-going program
- 2020 The AEAAC received grant funding and has continued hosting a Community of Practice with Presenters/Trainers across the province
- 2021 The AEAAC launches Staying Safe: A Resource for Older Adults Living in Alberta
- 2021 The AEAAC received a grant to enhance the INR material in particular for discussion guides to enhance presentations with diverse, rural, and remote communities.



Staying Safe: A Resource for Older Adults Living in Alberta - Alberta Elder Abuse Awareness Council (A.E.A.A.C)





# Resources – finding help

For 24-hour support and referral call:

Family Violence Info Line 403 310-1818

Distress Centre 403 266 4357

In Your Community

Local FCSS Offices

Victim Services

Local Seniors Organizations

Visit Elder abuse – Get help | Alberta.ca for a list of helplines & other resources

Visit www.albertaelderabuse.ca

to find resources in your area.

Email info@albertaelderabuse.ca

for more information







### **Questions or Comments?**





# JOIN US!









World Elder Abuse Awareness Toolkit



Home > Elder Abuse **ELDER ABUSE** Open group | 51 members Group Home Discussions Resources Events Training **→** Add New Group Content Any older adult can become a victim of elder abuse, regardless of gender, sexual identity, race, ethnicity, income, or education. According to the National Prevalence Study on Mistreatment of Older Canadians, 8.9 per cent of older adults in Alberta experience one or more forms of abuse. One of the best ways to address elder abuse is through a collaborative GROUP RESOURCES community of practice.

#### Thank you for participating & sharing your time and expertise!

#### **SEE YOU ON CORE!**



#### Remember to update your information on 211

Contact us at

healthyaging@calgaryunitedway.org

