

CORE Frailty Series Session 3: Ageism, Stigma, and Assumptions around Frailty (Jan. 18, 2022) Compiled Sources

- **Slide 6 – Aging Reality:** Statistics Canada
<https://www150.statcan.gc.ca/n1/pub/91f0015m/91f0015m2021002-eng.pdf>
- **Slide 7 – Age Pyramid:** <https://www12.statcan.gc.ca/census-recensement/2016/dp-pd/pyramid/pyramid.cfm?type=1&geo1=01>
- **Slide 8 – Life Expectancy Calculator:**
<http://www.cchwebsites.com/content/calculators/CALifeTime.html>
- **Slide 16 – Aging Explained:** World Health Organization. (2022). *Ageing and health*.
<https://www.who.int/news-room/fact-sheets/detail/ageing-and-health>
- **Slide 18 – Aging Explained:** Fried, L. P. et al. [2001]. Frailty in older adults: Evidence for a phenotype. *Journals of Gerontology A*, 56(3), M146-56.
doi:10.1093/gerona/56.3.m146
- **Slide 21 – Test Yourself:** Ayalon, L., et al. (2019). A systematic review of existing ageism scales. *Ageing Research Reviews*, 54, 100919. doi:10.1016/j.arr.2019.100919
- **Slide 22 – Expectations Regarding Aging Survey:** Sarkasian CA et al. (2005). Development of the 12-item expectations regarding aging survey. *The Gerontologist*, 45(2), 240-248.
- **Slide 23 – The Ageism Survey:** Palmore, E. *The Gerontologist*, 41(5), 572-575.
<https://doi.org/10.1093/geront/41.5.572>
- **Slide 28 – Abuse and Neglect of Older People:** Government of Canada. (2021). Crime and Abuse Against Seniors: A Review of the Research Literature With Special Reference to the Canadian Situation. <https://www.justice.gc.ca/eng/rp-pr/cj-jp/fv-vf/crim/sum-som.html#:~:text=Up%20to%20one%20percent%20of,most%20prevalent%20forms%20of%20abuse.>
- **Slide 29 – Why is Ageism More Apparent Now:** Statistics Canada. (2017). *Immigration and ethnocultural diversity: Key results from the 2016 Census*.
<https://www150.statcan.gc.ca/n1/daily-quotidien/171025/dq171025b-eng.htm?indid=14428-1&indgeo=0>
- **Slide 32 – Seniors and Aging Statistics:** https://www.statcan.gc.ca/eng/subjects-start/seniors_and_aging
- **Slide 33 - Clarify Advanced Aging:** Statistics Canada. (2022). Population estimates on July 1st, by age and sex.
<https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1710000501>
- **Slide 35 – Ageism and COVID Pandemic:** Government of Canada. (2022). *COVID-19 daily epidemiology update*. <https://health-infobase.canada.ca/covid-19/epidemiological-summary-covid-19-cases.html>
- **Slide 36 – Ageism and Health System Use:**

- Wilson, D. M., Shen, Y., & Birch, S. (2019). Who are high users of hospitals in Canada? Findings from a population-based study. *Canadian Journal of Nursing Research*, 51(4), 245-254. <https://doi.org/10.1177/0844562119833584>.
- Wilson, D. M., Shen, Y., & Birch, S. (2017). New evidence on end-of-life hospital utilization for enhanced health policy and services planning. *Journal of Palliative Medicine*, 20(7), 752-758. <http://dx.doi.org/10.1089/jpm.2016.0490>
- **Slide 37 – Hospital Stays in Canada:** Canadian Institute for Health Information (May 28, 2020 Report)
- **Slide 39 & 40 – Older People Realities in Canada:**
 - Source: Participation Pulse Report. <https://www.participaction.com/en-ca/resources/pulse-report>
 - Vanier Institute. (2019). In focus 2019. Grandparents in Canada. <https://vanierinstitute.ca/in-focus-2019-grandparents-in-canada/>
 - In focus 2019. Grandparents in Canada. <https://vanierinstitute.ca/in-focus-2019-grandparents-in-canada/>
- **Slide 41 – 4D Older People Health Realities:**
 - Public Health Agency of Canada. (2020). *Aging and chronic diseases*. <https://www.canada.ca/en/public-health/services/publications/diseases-conditions/aging-chronic-diseases-profile-canadian-seniors-report.html>
 - M. [2002]. The duration and degree of end-of-life dependency of home care clients and hospital inpatients. *Applied Nursing Research*, 15(2), 81-86.).
- **Slide 42 – Common Health Conditions Associated with Aging:** World Health Organization. (2022). Ageing and health. <https://www.who.int/news-room/fact-sheets/detail/ageing-and-health>
- **Slide 45 - Ageism and Work Realities:** Statistics Canada. (2019). <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1410006001>