

THE FUTURE OF AGING IN CANADA

Post-Event Resources

FEDERAL/PROVINCIAL/TERRITORIAL MINISTERS RESPONSIBLE FOR SENIORS



**Tuesday
June 8th, 2021**



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Federal/ Provincial/ Territorial Ministers Responsible for Seniors Forum

Once again we thank you for joining the FPT Ministers Responsible for Seniors Forum (FPT Seniors Forum) for The Future of Aging in Canada Symposium.

Many of the FPT Seniors Forum's ongoing projects and initiatives are directly related to the themes discussed during the event.

In recent years, we have developed tools and resources for seniors, their caregivers, and community organizations to address social isolation, raise awareness of elder abuse, and support seniors who wish to age in their community or home. We have also developed tools to promote age-friendly workplaces and produced reports to inform public policy on facilitating aging in community and participation of older workers in the labour market.

We encourage you to visit the [FPT Seniors Forum website](#) to access these tools and resources, and learn more about our work.





We want to say THANK YOU to the Symposium Supporting Partner Organizations

Canadian Association on Gerontology (CAG)

The Canadian Association on Gerontology (CAG) is a national, multidisciplinary scientific and educational association established to provide leadership in matters

related to individual and population aging. Their membership is a dynamic mix of people interested in the field of gerontology including health care professionals, researchers, academics, administrators, government representatives, students and seniors. Learn more at cagacg.ca



Canadian Network for the Prevention of Elder Abuse (CNPEA)

CNPEA is a pan Canadian registered charity. With goals to connect people and organizations, foster the exchange of reliable information, and advance program and policy development on issues related to preventing the abuse of older adults. They do this work at the local, regional, provincial/territorial, and national levels. They envision and work toward a Canadian society where older adults are valued, respected, and live free from abuse. Learn more at cnpea.ca



CANADIAN NETWORK for
the PREVENTION of ELDER ABUSE
RÉSEAU CANADIEN pour la PRÉVENTION
du MAUVAIS TRAITEMENT des AÎNÉS

CNPEA is building a pan Canadian strategy to increase the prevention of elder abuse. The goal: Developing a roadmap with multiple entry points, which will allow each of us, at an individual, organization, community, and government level to play a role in preventing elder abuse, now and for the generations to come. Learn more about the **Roadmap for Elder Abuse Prevention in Canada** [here](#)





United Way Centraide Canada

United Way is a federated network of 76 local United Way Centraide offices serving more than 5,000 communities across Canada, each registered as its own non-profit organization and governed by an independent volunteer-led local Board of Directors. Locally and nationally, our goal is the same – to create opportunities for a better life for everyone in our communities. Learn more at unitedway.ca



**United Way
Centraide**
Canada

AGE-WELL

AGE-WELL (Aging Gracefully across Environments using Technology to Support Wellness, Engagement and Long Life) brings together researchers, industry and non-profit organizations, older adults, caregivers and future leaders to accelerate the delivery of technology-based solutions that make a meaningful difference in the lives of Canadians. AGE-WELL researchers strive to produce technologies, services, policies and practices that improve quality of life for older adults and caregivers, and generate social and economic benefits for Canada. Learn more at agewell-nce.ca, or view the **Solutions for Healthy Aging** YouTube video [here](#).





UN Decade of Healthy Ageing (2021 – 2030)

Canada has endorsed the United Nations Decade of Healthy Ageing (2021-2030), a coordinated global effort led by the World Health Organization (WHO). The vision of the Decade is a world in which all people can live long, healthy lives.

The Decade provides an opportunity for Canada, and all countries, to take actions to draw attention to the importance of healthy ageing, and to take measures to help people live more years in good health, doing the things they want to do and value. The Decade of Healthy Ageing requires a whole-of-government and whole-of-society response, as concerted global action on healthy ageing is urgently needed to ensure that older people can fulfil their potential in dignity and equality and in a healthy environment. By improving the health and resiliency of older adults, the Decade is also a chance to respond to the impact of COVID-19 and reduce the harm of future pandemics.

The Decade will address four areas for action:

- Changing how we think, feel and act towards age and ageing;
- Developing communities in ways that encourage the abilities of older people;
- Delivering person-centred, integrated care and primary health services responsive to older people; and
- Providing older people who need it with access to long-term care.

WHO defines
Healthy ageing
as the process of
developing and
maintaining the
functional ability that
enables wellbeing in
older age.

The Decade Platform

A Platform has been established to connect stakeholders who promote the four action areas and those seeking information, guidance and capacity-building. The Platform will enable work on the four areas by:

- Amplifying diverse voices and enabling meaningful engagement of older people, family members, caregivers and communities;
- Nurturing leadership and building capacity at all levels to take appropriate action that is integrated across sectors;
- Connecting diverse stakeholders around the world to share and learn from the experience of others; and
- Strengthening data, research and innovation.

UN resources:

[UN Decade of Healthy Ageing \(main site\)](#)

[Decade of Healthy Ageing: Baseline Report](#)

[Decade of Healthy Ageing: Plan of Action](#)

[Global Report on Ageism](#)



AGE WELL AT HOME - A NEW FEDERAL INITIATIVE TO SUPPORT AGING IN PLACE

The COVID-19 pandemic has highlighted the unequal access to technology among seniors. The pandemic has also brought to light the fact that vulnerable seniors have inadequate access to many of the practical supports they need to live independently. This is why the Government of Canada is committing \$90 million over three years to a new initiative, Age Well at Home.

Announced in Budget 2021, Age Well at Home is intended to provide funding opportunities focused on:

1. Assisting community-based organizations in providing practical supports that help low-income and otherwise vulnerable seniors age in place. These supports could include matching seniors with volunteers who can help with meal preparation, home maintenance, daily errands, yard work, and transportation; and
2. Supporting regional and national projects to expand services that have already shown results in at least one jurisdiction in helping seniors stay at home. For example, knowledge hubs can help seniors access the local services available to them or provide information, resources, and training to community-based organizations delivering practical supports to seniors.

Investments under this new program are meant to complement and not duplicate provincial and territorial efforts to support the diverse needs of seniors by mobilizing community organizations and volunteers across the country.

Have your say

In addition to technological advances for healthy aging, other types of interventions can help seniors stay in their own homes and communities as long as possible. We welcome your thoughts on how Age Well at Home can help more seniors age in place. In particular:

- 1) Beyond improving access to technical solutions, what other types of evidence-based interventions could local seniors-serving organizations implement to help more seniors age in place?
- 2) Based on your experience, what challenges could seniors-serving organizations face in putting in place new or adapted services to help more seniors age in place? For example, many organizations supporting seniors in their homes have had to adjust to fewer volunteers due to the COVID-19 pandemic. Age Well at Home could address this challenge by funding activities related to the recruitment, onboarding and retention of volunteers.



3) Based on your expertise, what are the greatest gaps in services to seniors at the national or regional level (i.e., covering more than one province or territory)?

Please submit your input via email at EDSC.CN.SRDC.DPS-SPD.ISSD.NC.ESDC@hrsdc-rhdcc.gc.ca.

Stay informed

If you wish to receive information about upcoming funding calls related to Age Well at Home, please contact us at EDSC.CN.SRDC.DPS-SPD.ISSD.NC.ESDC@hrsdc-rhdcc.gc.ca and we will add your name to our distribution list.





CAG Hindsight 20/20:
2021 *Looking Back for a
Vision Forward
in Gerontology*

CAG2021.ca

ACG Rétrospective 20/20:
2021 *Regarder en arrière
pour une vision
d'avenir en gérontologie*

ACG2021.ca

21-23 OCTOBER/OCTOBRE 2021
TORONTO, ONTARIO, CANADA
Celebrating 50 Years of the
Canadian Association on Gerontology!
Célébration du 50e anniversaire de l'ACG!

Join CAG

Canada's premier multidisciplinary
association on aging.

Members benefit from:

- ... Discounted conference fees
- ... *Canadian Journal on Aging* subscription
- ... Awards and prizes
- ... Members-only updates
- ... Student pricing and events
- ... and more!

<https://cagacg.ca>

Canadian
Association
on Gerontology



Association
canadienne
de gérontologie



Canada's technology and aging network

CANADA SNAPSHOT

AGE-WELL Environics Polling Data [2020]



66%

of Canadians aged 50+ believe tech advances can help to lessen the impact of COVID-19 on daily life



76%

of Canadians aged 50+ are confident using current technology



67%

are willing to pay out-of-pocket for tech that allows them to stay at home as they age

Prepared for AGE-WELL by Environics Research
N = 2,026, Canadians aged 50+

AGE-WELL BY THE NUMBERS

\$34,385,508

Amount invested to date

1000+

Highly Qualified Personnel (HQP) trained

54

Number of startups

\$48,723,000

Non AGE-WELL funds reported by startups

AGE-WELL National Innovation Hubs

Sensors and Analytics for Monitoring Mobility and Memory (SAM³)

The Sensors and Analytics for Monitoring Mobility and Memory (SAM³) hub focuses on smart technologies that monitor older adults and their well-being - to keep them as healthy, safe and independent as possible. Based in Ottawa, ON, the hub brings together health professionals, researchers, industry, non-profits and older adults and caregivers who will benefit from such systems in their everyday lives. [Visit the website: agewell-nih-sam3.ca](http://agewell-nih-sam3.ca)

Advancing Policies and Practices in Technology and Aging (APPTA) National Innovation Hub

The APPTA National Innovation Hub is putting innovative aging and technology research into the hands of federal, provincial, and territorial policy and government partners. The hub is located in Fredericton, New Brunswick and brings together diverse stakeholders to discuss evidence briefs and engage in policy innovation labs.

[Visit the website: agewell-nih-appta.ca](http://agewell-nih-appta.ca)

Centre for Technology Adoption for Aging in the North

The Centre for Technology Adoption for Aging in the North (CTAAN) launched in fall, 2020. CTAAN's programs will streamline the process for the adoption of technology that enhances the lives of those aging in northern and rural communities in Canada. The hub is based in Prince George, BC and aims to make technology accessible by working alongside technology developers, older adults, caregivers and the community. **Visit the website:** ctaan.ca

Digital Health Circle

The Digital Health Circle hub offers unique support for the creation of innovative digital health technologies. The hub is in Surrey, BC, and uses scientific expertise and cutting-edge tools to help innovators create solutions that meet the needs of diverse healthcare stakeholders. The hub's goal is to empower partners and older adults in generating solutions that support independence and quality care. **Visit the website:** digitalhealthcircle.ca

AGE-WELL PROJECTS & STARTUPS

PROJECTS



OA-INVOLVE

OA-INVOLVE (Older Adults' Active Involvement in Ageing and Technology Research and Development) was created with the mission to establish models of best practice for the active involvement of older adults in aging and technology projects to support technology development and ensure that it is 'fit for purpose'. oa-involve-agewell.ca



Casper and Vigil Robots

Casper advises older adults on meal preparation, exercise/therapy, self-care and scheduling and it permits remote video consultations with medical professionals. Vigil monitors well-being using a range of measured health parameters and signals for help in an emergency.



Lha'hutit'en - Intergenerational Digital Storytelling in a First Nations Community

This project introduced a digital storytelling workshop using technology as a means to facilitate knowledge-sharing between Indigenous Elders and youth in order to help preserve the language, culture and lived experiences of First Nations communities.

STARTUPS



Tenera Care

Tenera Care is a wearable technology and data analytics platform designed to improve safety and quality of life for residents in seniors' homes, and to assist with contact tracing. If a resident, staff member or visitor tests positive, it provides a readout of every person who has been in recent contact - invaluable information in controlling an outbreak. tenera.care



Braze Mobility

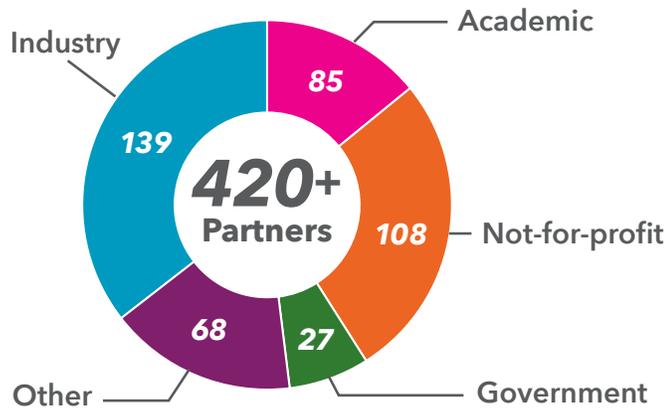
Braze Mobility Inc. has developed an add-on system that can transform a regular wheelchair into a "smart" wheelchair able to help prevent collisions. The novel system uses sensors to detect obstacles and provides visual, audio or vibration feedback to drivers. It can be added to any powered or manual wheelchair and is available for purchase. brazemobility.com



Tochtech Technologies

Tochtech Technologies is a digital healthcare company designing smart products for older adults and caregivers, enabling them to live healthier and safer lives. The startup has developed first in-class solutions in the areas of stove safety, voice integrated personal aides and a risk predictive smart care platform. tochtech.com

AGE-WELL PARTNERS



PARTNERSHIP OPPORTUNITIES

Strategic investment opportunities:

- Gain a complete understanding of emerging technologies to support healthy aging - one of the largest market opportunities of our generation.
- Participate in joint funding opportunities, including collaborative funding programs.
- Partner with our researchers on cutting-edge projects. AGE-WELL has over 20 active research projects developing solutions to support healthy aging.
- Partner with us on national initiatives to transform aging in Canada.

FEATURED PARTNERS



United Way
Lower Mainland



ONTARIO
BRAIN
INSTITUTE



ABOUT AGE-WELL

AGE-WELL is Canada's technology and aging network, federally funded through the Networks of Centres of Excellence program. AGE-WELL is producing technologies, services, and policies that improve the quality of life of seniors and caregivers, and produce social and economic benefits for Canada.



NCE RCE

AGE-WELL is funded through the federal Networks of Centres of Excellence program.

CONTACT US

✉ info@agewell-nce.ca

🌐 www.agewell-nce.ca

🐦 @AGEWELL_NCE



1. Join the AGE-WELL Community: <https://agewell-nce.ca/join>
2. Sign up for AGE-WELL's newsletter: <http://ow.ly/1dgN50E6xsS>
3. Learn more about how COVID-19 has significantly increased the use of many technologies among older Canadians: <http://ow.ly/u7MW50E6E3y>
Check out the infographic: <http://ow.ly/TZVf50E6E7L>
4. Are you an older adult or caregiver? Learn the many ways you can get involved in AGE-WELL here: <https://agewell-nce.ca/partners/older-adults-and-caregivers>
5. Follow AGE-WELL on Social Media:
 - Twitter: https://twitter.com/AGEWELL_NCE
 - LinkedIn: <https://ca.linkedin.com/company/agewellnce>
 - Facebook: <https://www.facebook.com/agewellnetwork>



AGEWELL
**The Future of
Technology and
Aging in Canada
Survey**



Your opinion is important to us. We want to hear your thoughts about the needs and barriers associated with #technology and #aging in #Canada. Complete our survey and be automatically placed in draw to win a Kobo eReader!

Complete the survey: <http://ow.ly/mhdF50F36Ij>