



Best Friends™ Approach workshop: Advanced dementia-specific training for healthcare professionals

- ✓ You work with older individuals, including people living with dementia
- ✓ You need to respond to challenging behaviour changes

If this sounds like you, the Best Friends™ Approach workshop may be the perfect place to begin.

Without advanced dementia-specific training, it can be extremely challenging and exhausting for healthcare professionals to work with people living with dementia. In addition to creating significant changes in behaviour and personality, dementia affects a person's thinking, judgment, communication skills and ability to function independently.

Give yourself the knowledge and practical skills you need to succeed.

The Best Friends™ program will provide you with:

- Strategies for preventing and reducing aggression and challenging behaviours
- Effective communication techniques
- Methods for creating meaningful activities for a person living with dementia
- Effective caregiving strategies and best practices based on the renowned Best Friends™ model of care, applicable in any care setting
- Certificate of achievement upon completion

We are a proud proponent and exclusive licensee of the Best Friends™ Approach in Alberta.

This is a well-recognized, person-centered approach based on the Best Friends philosophy of care. It was developed by Dr. David Troxel & Virginia Bell and is widely practised in Canada, U.K., U.S.A. and Australia.

Register today for an upcoming workshop, or request a session at your workplace

Call (403) 290-0110

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Visit www.alzheimercalgary.ca



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