

Healthy Aging

CBSS LEADERSHIP COUNCIL

MEMBER BIOS



Annwen Loverin (co-chair)

Executive Director, Silver Harbour Seniors' Activity Centre

Annwen Loverin is a skilled non-profit manager with over twenty years' experience in supporting seniors' well-being, independence, and resilience. With a Master of Arts in Community Planning from the University of British Columbia, she balances strategic thinking with a strong commitment to equity, compassion, and positivity. Annwen is the Executive Director of Silver Harbour Seniors' Activity Centre, a community gathering place with more than 70 different programs and services for seniors in North Vancouver.



Marcy Cohen (co-chair)

CBSS Leadership Council

Marcy has over 35 years of experience working as health and policy researcher, educator and advocate. She has published over 30 articles focusing on health care reform and workforce equity and has been involved in social justice issues as a professional and volunteer for most of her adult life. Now retired, Marcy is increasingly interested in promoting resiliency in older adults and supports this interest through her volunteer roles with the United Way, the Canadian Centre for Policy Alternatives and the BC Health Coalition. Marcy co-led the Raising the Profile Project that has been instrumental in raising the profile of the Community Based Seniors Services (CBSS) sector in BC.



Anthony Kupferschmidt

Anthony Kupferschmidt is the Executive Director of the West End Seniors' Network, a multi-site seniors' centre in Vancouver, BC. He is also the Co-President of the BC Psychogeriatric Association, a multi-disciplinary organization of professionals working in the field of mental health and aging. Anthony also serves as the Co-Chair of the Community Action Initiative, an agency that funds and supports community-based organizations across BC to respond to local mental health and substance use challenges. In addition to his role on the CBSS Leadership Council, he has helped to create the Alliance of Seniors' Centres of BC, a new organization that is working to unite the sector. Anthony is a Certified Professional Gerontologist, he has an MA in Gerontology from Simon Fraser University, and he has previously worked with the Alzheimer Society of BC and served as the Psychology Division Chair





Barb MacLean

Executive Director, Family Caregivers of British Columbia

As the Executive Director for Family Caregivers of British Columbia for over 12 years, Barb deeply understands the range of issues affecting family caregivers, seniors and the challenges we're facing in our health system as our population ages. She has a passion for collaborative processes that bring together diverse people to effect positive change at the individual, community and policy levels. Barb has a Masters in Leadership and over 30 years' experience in the non-profit sector (social services - developmental disabilities, health) and government sectors (CYMH policy) as well as some business involvement. Barb sits on a number of community and advisory boards and enjoys traveling with her family.



Barbara McMillan

Community Engagement Coordinator, United Way of the Lower Mainland

Barbara McMillan is Provincial Community Engagement Coordinator with United Way's Population Health Team, leading initiatives such as the community-based seniors services knowledge hub (Healthy Aging CORE), Leadership Council, local government strategy, Regional Consultations, and Re-Thinking Aging. She holds a BA in Communications from Simon Fraser University and a Master of Management Degree (National Voluntary Sector Leaders) from McGill University, and has over 30 years experience in community, organization, and network development, and has worked and volunteered with a wide range of community and civil sector organizations locally and globally, including Vancouver Foundation, Community Foundations of Canada, and Health Canada's Health Promotion Directorate.



Deborah Hollins

Executive Director, Nanaimo Family Life Association

Deborah Hollins is the Executive Director of Nanaimo Family Life Association, an organization that serves older adults through its Better at Home, Senior Peer Counselling and EngAGE with Seniors Connect programs. Deborah is a social worker with a history of working with marginalized and vulnerable people. Recently, as a partner in a Collective Impact project for Seniors and as the lead backbone agency for the project, she has been gaining invaluable skills and tools related to innovative programming and high level policy change for the sector. She has been part of the RPP since it's inception and looks forward to continuing to contribute and represent her community's unique experience in working with older adults.



Erin Anderlini

Health Director, Prince George Native Friendship Centre

Erin Anderlini lives in Prince George, where she is raising her boys. She is the Health Director at the Prince George Native Friendship Centre, and the President at Central Interior Native Health. She holds a Masters of Education Degree in Counselling, is a Registered Clinical Counsellor and is a facilitator for Mental Health First Aid-First Nations.





Glenys Cavers

Director of Thrift Shops and SHOAL Centre at Beacon

Glenys Cavers has served on Beacon Community Services' senior management leadership team since 2006, overseeing their 7 volunteer-run thrift shops and the SHOAL Community Centre. SHOAL Centre serves over 1,000 members who participate in drop-in programs and events, and also operates a commercial kitchen and public dining room. Additionally, the Centre houses Beacon's Volunteer Services program, Youth Employment Program and Better at Home Program.

Glenys holds a Bachelor of Physical Education degree from McMaster University and spent over 20 years as a professional swim coach in Ontario prior to moving to Victoria in 2001. She is currently on the UVic Coop Employer Advisory Committee, the Southern Vancouver Island and Southern Gulf Islands Seniors Planning Table and on the board of Volunteer Victoria.



Camille J. Hannah

Provincial Coordinator, Healthy Aging, United Way of the Lower Mainland

Camille has a long history in project and operations management and many years of experience in communications with diverse stakeholder groups. She is a trusted and reliable champion of the Population Health team at United Way, and she continues to be curious about how her skills can enrich the lives of people and communities. Living within an 8-block radius in Vancouver for most of her adult life, Camille enjoys the delights of motherhood, yoga, dance, and unforgettable moments.



Dr. Janice Murphy

Executive Director, Kootenay Boundary Community Services Co-operative

Janice Murphy is the Executive Director of KBCSC, a co-operative of 16 non-profit community service agencies operating in communities located throughout the West and East Kootenay and Boundary regions. In addition to 8 years experience in community services administration, Janice has been working as a Research Analyst and Health Research Consultant since 2002, focusing primarily on community-based and primary care services for seniors. Janice also worked as recreation therapist with seniors in residential and acute care settings from 1985 to 2002. Janice holds a Doctorate in Education Studies from UBC as well as a Master of Adult Education, a Master of Business Administration, and a Bachelor of Recreation Education. Janice has an in-depth understanding of the experiences and issues impacting seniors and their caregivers living in rural and remote communities and has expertise in community service sector partnerships and research.





Jane Osborne

Regional Mentor, Vancouver Island Central and North, BC CRNs

After a 30-year career in information technology management and organizational development, Jane retired to explore the joys of working in community in all its diversity. Over the past 20 years, she has focused her energies on project and volunteer work provincially and locally, initially on the North Shore of Vancouver and more recently on Vancouver Island as a passionate advocate for social justice.



Kahir Lalji

Provincial Director, Population Health, United Way of the Lower Mainland

Kahir Lalji is the Provincial Director of Population Health with the United Way of the Lower Mainland. Working at a programmatic and policy level Kahir takes a life-course approach in the provision of accessible services to support a good quality of life for all people - always attempting to ensure the representation of traditionally underserved populations.



Kay Dennison

Member, CBSS Leadership Council

Kay Dennison has been Coordinator of the Delta Seniors Planning Table for the past 10 years. Her background of working for a non-profit in Langley for 17 years led her to working as an advocate for seniors in the community of Delta. Kay also served a three year Term on the B. C. Seniors Advocate's Advisory and serves on various committees, including: opposing violence and bullying involving all ages; Opioid Crisis awareness; Hatred and Racism awareness; Active Transportation; and was recently appointed to the Community Liveability Advisory for the City of Delta.



Linda Stride

Recreation, Health and Wellness Supervisor, City of Kamloops

As an athlete, coach, volunteer, and administrator, Linda is passionate about the role recreation plays in building a healthy, strong and connected community. Her tenacious commitment to accessible health and recreation has led to developing strong community partnerships. Linda believes that recreation is essential to living a healthy, fulfilling life. Linda's career includes leadership in municipal government, post-secondary education and the non-profit sector. She holds a B.Sc in Kinesiology and a Recreation Leadership Diploma. Since retiring from competitive sport, you will find Linda recreating outdoors and trying to keep up to her active son.





Sahra-Lea Tosdevine-Tataryn

Project Manager, Age Friendly Strategy for Seniors Project, City of Surrey

Sahra-Lea Tosdevine-Tataryn Age Friendly Strategy for Seniors – Project Manager for the City of Surrey, has had the privilege of working for municipal governments for approximately 30 years. She has had the opportunity to work in many roles and is most passionate about the development of relationships within the community. Sahra-Lea believes that the strengths and diversity of community-based organizations and municipalities working together can create and enhance further opportunities to support programs and services for all residents.

Sahra-Lea is proud to work for the City of Surrey and knows that as we plan for the future of our aging population, the work of the Leadership Council is crucial to ensure seniors, caregivers and their families are supported in their journey.



Alyson Hagan-Johnson

Community Representative, Mt Waddington Health Network, Patient Voices Network

Alyson has formally been a member of the Patient Voice Network for 10 years and has been an advocate for many social issues most of her life, including over 25 years on northern Vancouver Island. She holds a BSW and MA in Psychology Counseling, and worked with Island Health, Mount Waddington Regional District (MWRD), and local communities in developing the MW Health Network in 2006, a first for Island Health. Alyson has served on several Boards, chaired the MWHN for 10 years, and has participated in over 60 Patient Partner/Advisor pairs, across BC, Canada, and internationally with the International Society of Quality Person Health Care. Her current volunteer work began shortly after coming to Sointula, Malcolm Island when asked to assist with several Senior/Elder social issues relative to those living in the rural and remote areas of Vancouver Island, most related to health and healthy aging.



Debbie Hertha

Seniors Coordinator, Community Social Development, City of Richmond

Debbie has been working at the City of Richmond for the past 8 years and is currently in the position of Seniors Coordinator within the Community Social Development department. Debbie leads the implementation of the City's major strategic plans for seniors including Age-Friendly and Dementia-Friendly, as well as providing expertise in aging (50+ years) to staff, City Council, community partners and other organizations. She also acts as a resource to integrate seniors considerations into future planning and policy development for programs, services and facilities. Debbie has worked in the seniors field for over 25 years and has a Masters of Arts in Gerontology from Simon Fraser University in Vancouver and an undergraduate degree in Applied Health Sciences in Gerontology from the University of Guelph in Ontario. She has held previous positions with Providence Health Care, Philips Lifeline, private residential care facilities for seniors and Health Canada in the Division of Aging and Seniors.









Vi Sorenson

Executive Director, Seniors' Outreach and Resource Centre

Vi has been working to meet seniors needs in Kelowna for over 20 years at Seniors Outreach and Resource Centre. She is a social worker, with interests in policy development and systems change, especially around issues of aging, poverty, and disability. She has participated in various committees of the City of Kelowna, VAWIR, Kelowna CRN, Regional Review Committee of New Horizons for Seniors among others.



Daisy Au

Coordinator, Seniors Club, Specialized & Innovative Programs, MOSAIC

Daisy has over 16 years of experience working in the immigrant settlement sector. She is the Coordinator of MOSAIC Seniors Club, where she provides social connection activities, community events, and volunteer opportunities for immigrant seniors. Daisy is committed to empower immigrant seniors to be leaders and mentors and to raise awareness of elder abuse and neglect through her coordinator role in the Chinese Community Response Network. She aims to be the voice for immigrant seniors in the underserved immigrant seniors population, helping break social isolation. She is passionate about supporting immigrants as they integrate into Canadian society and become contributing citizens. Daisy is also a board member of the Metro Vancouver



Lynne Romano

Community Development Coordinator, Golden, BC

As Community Development Coordinator (CDC) in Golden, Lynne works with several organizations and community partners, including facilitating monthly Age Friendly meetings, and supporting the efforts of the Seniors Center by assisting with training, helping write grant proposals, and attending meetings where concerns of seniors are considered. Her work also includes multi generational and multi cultural opportunities to learn and play in the community, and as a Board Member, she volunteers to meet the needs of seniors, including stepping in to help with soup day and the Seniors Tea. Lynne was previously with the Golden Family Center, including as Executive Director, until 2000 when she returned to Royal Roads University to do a Master's Degree in business, and later completing her CPHR.



Mike Jennings

President Men's Shed Association of BC, President of Coquitlam Men's Shed Society

Upon retirement after working for 58 years Mike wondered what the future might hold. A friend told him about Men's Sheds, an organization dedicated to men's health. Mike immediately embraced the concept and has been an enthusiastic promoter of Men's Sheds ever since. As well as working Mike is an amateur boatbuilder and sailor.





Lorelei Hawkins

Coming soon

Coming soon



Sheila McDonald

Coming soon

Coming soon