

Innovating Integrated Supports for Alberta's Family Caregivers

STRATEGIC ACTION FRAMEWORK



SET FOUNDATION		SUPPORT	SUSTAIN
ESSENTIAL ENABLERS	CONSISTENTLY RECOGNIZE FAMILY CAREGIVERS	MEANINGFULLY PARTNER WITH FAMILY CAREGIVERS	ASSESS AND ADDRESS FAMILY CAREGIVER NEEDS
	Recognize family caregivers as essential members in care teams	Include family caregivers in care planning, decision-making and transitions across health and social/ community care settings	Engage family caregivers in conversations about their realities and needs in providing care and maintaining their wellbeing
	Identify caregivers in health and social/community care planning and service provision	Define and clarify family caregivers' roles on care teams	Identify family caregivers' needs and risks early and provide timely access to supports and services
	Document family caregiver involvement in care recipient/ caregiver records	Embed equity, diversity and inclusion principles in caregiver-centered care	Strengthen mental health supports
	AMPLIFY EDUCATION	Provide information about financial support	Provide information about financial support
	Equip health and social/community care providers and trainees with knowledge, skills, approaches and best practices to engage and support family caregivers	Enhance access to flexible services—respite care and day programs	Enhance communication among providers and caregivers, including referral outcomes, to reduce challenges in navigation and co-ordination.
	ENSURE WORKPLACE SUPPORTS FOR EMPLOYED FAMILY CAREGIVERS	Integrate caregiver-centered care education in post-secondary health workforce curricula and accreditation standards	Develop, maintain and regularly update community-based inventory of caregiver resources.
	Identify organizational approaches to foster healthy workplaces for family caregivers	Embed caregiver supports into Employee Assistance Programs	Increase preparedness of family caregivers to engage and partner with health and social/community care providers
FORTIFY POLICY FOUNDATIONS		Develop consistent policies and practices for caregiver identification, partnership and support.	Develop consistent policies and practices for caregiver identification, partnership and support.
ENHANCE RESEARCH AND EVALUATION		Identify and scale policies for flexible services	Identify and scale policies for flexible services
ENHANCE RESEARCH AND EVALUATION		Expand effective policies to reduce the financial burden on caregivers	Expand effective policies to reduce the financial burden on caregivers
ENHANCE RESEARCH AND EVALUATION		Clarify policies on access to information and consent processes to support caregiver involvement	Clarify policies on access to information and consent processes to support caregiver involvement
ENHANCE RESEARCH AND EVALUATION		Develop a robust research and evaluation framework to measure the impact of support initiatives	Develop a robust research and evaluation framework to measure the impact of support initiatives
ENHANCE RESEARCH AND EVALUATION		Enhance data collection for care co-ordination and evaluation/research	Enhance data collection for care co-ordination and evaluation/research