

WORRIED ABOUT SUBTLE CHANGES IN MEMORY OR THINKING AS YOU AGE? WE WANT TO HEAR FROM YOU!

If you are **55 or over**
and live in Canada, you
can participate



Scan the QR code below
to complete a 15 min
survey and share your
perspective



Let us know what would motivate you to seek help for early
changes in memory or thinking and what matters most to you

**Help us develop early interventions to
reduce the risk of dementia**

**UNDERSTANDING MOTIVATION TO SEEK HELP FOR MEMORY OR
THINKING CHANGES IN ADULTS 55 AND OVER**



THE UNIVERSITY OF BRITISH COLUMBIA

This study is led by principal investigator, Dr. Ben Mortenson. If you wish to learn more,
please contact us at kjohal6@student.ubc.ca or hlalli01@student.ubc.ca.