

Local Resources and Emergency Contacts

Type of Situation	Who to Contact	Specific Contact Name	Contact Information
Large-Scale Emergency	Alberta Emergency Alert		www.emergencyalert.alberta.ca
Criminal activity (emergency)	Police		9-1-1
Criminal activity (non-emergency)	Police (non-emergency)	Non-Emergency Line	Phone: Website:
Fire / Hazardous Material	Fire Department		9-1-1
Natural Gas Emergency	Natural Gas Provider		9-1-1 or: Website:
Electrical Emergency	Electricity Provider		Phone: Website:
Property Issue	Landlord/Property Manager		Phone: Email:
Water, Sewer, Other Local Emergency	Municipality		3-1-1 or: Website:
Road Conditions	5-1-1 Alberta		5-1-1 https://511.alberta.ca/
Medical Emergency	Ambulance		9-1-1
Poisoning	Poison Control Centre		Toll Free 1-800-332-1414
Medical (non-emergency)	Alberta Health Services	Health Link	8-1-1 www.MyHealth.Alberta.ca
Mental Health	Alberta Health Services	Mental Health Helpline	1-877-303-2642
Community and Social Services	2-1-1 Alberta or Local Contact		2-1-1 or: www.ab.211.ca/
Doctor			Phone: Website: Email:
Dentist			Phone: Website: Email:
Pharmacy			Phone: Website: Email:
Other Health Provider:			Phone: Website: Email:
Other Health Provider:			Phone: Website: Email:

Emergency Family Contacts		
	Family Member #1	Family Member #2
Name		
Work or School Name		
Work or School Address		
Primary Phone		
Secondary Phone		
Personal Email		
Work Email		
Work or School Evacuation Procedure		
Work or School Lockdown Procedure		
	Family Member #3	Family Member #4
Name		
Work or School Name		
Work or School Address		
Primary Phone		
Secondary Phone		
Personal Email		
Work Email		

Neighbour Contact		
	Neighbour #1	Neighbour #2
Name		
Address		
Primary Phone		
Secondary Phone		
Email		
	Neighbour #2	Neighbour #3
Name		
Address		
Primary Phone		
Secondary Phone		
Email		

Out-Of-Area Contact #1	
Location:	
Name:	
Address:	
Primary Phone:	
Secondary Phone:	
Email:	

Out-Of-Province Contact #2	
Location:	
Name:	
Address:	
Primary Phone:	
Secondary Phone:	
Email:	

Insurance Plan	
Insurance Broker:	
Address:	
Primary phone:	
Secondary phone:	
Email:	
Insurance Company:	
Emergency claims phone number:	
Policy number:	
Date of last home inventory:	
Location of home inventory:	
Type of home inventory (document, video etc.):	
Coverage details:	

Pet Emergency Plan		
Veterinarian Contact Information		
Name:		
Address:		
Phone:		
After-Hours Emergency:		
	Pet Friendly Hotel #1	Pet Friendly Hotel #2
Location		
Name		
Address		
Phone		
Email		
	Pet Care Provider #1	Pet Care Provider #2
Location		
Name		
Address		
Phone		
Email		

Emergency Kit Checklist

Water	4 litres per person per day: # people ____ x 4 litres x 3 days = ____ litres of water	
Food	Non-perishable food that needs a minimal preparation	
	Can opener	
	Storage containers	
	Plastic wrap, aluminum foil, zip lock bags	
	Cooking utensils, mixing bowls, pots	
	Plates, cutlery, cups	
	Garbage bags	
First Aid	A basic First Aid Kit	
	Basic medications and prescription medications for all family members	
	Copies of prescriptions	
Essential Supplies	Crank or battery-powered flashlight and radio	
	Extra batteries for battery-powered items	
Important Documents	Copy of Emergency Plan	
	Copy of Insurance policies	
	Copy of Home inventory	
	Copy of Passports	
	Copy of Birth certificates	
	Photos of family members	
Other Useful Items	An emergency supply of cash	
	Alternate sources of light (i.e. camping lanterns)	
	Whistle	
	Disposable dust masks	
	Plastic bags	
	Duct tape	
	Paper towel	
	Personal hygiene supplies	
Extra clothing and bedding		
Child/ Infant Kit	Cellphone/laptop charger and cable	
	Formula, baby food or other age-appropriate foods	
	Pedialyte and/or juice	
	Toys and activities	
	Diapers/baby wipes and other hygiene supplies	
Pet Kit	Portable kennel or carrier, bedding	
	Leash, harness, and toys	
	Copies of vaccine/medical records, ID tags, veterinarian contact information, photo of pet	
	Food and water for at least 72 hours and up to 14 days (4L per day per average dog)	
	Pet hygiene supplies such as newspaper, training pads, litter, etc.	
	Pet medications	
Vehicle Emergency Kit	Blanket or sleeping bag	
	Extra clothing and shoes	
	First Aid Kit	
	Flashlight (crank or battery-powered)	
	Food that won't spoil (i.e. energy bars)	
	Water	
	A copy of your Emergency Plan	
	Radio (crank or battery-powered)	
	Candle in a deep can and matches	
Whistle		

Kit Maintenance Checklist (Year 20__)

Spring Time Change	Water	
	Food	
	First Aid	
	Other	
	Pet Kit	
	Vehicle	
Fall Time Change	Water	
	Food	
	First Aid	
	Other	
	Pet Kit	
	Vehicle	

Household Emergency Plan



Locations of fire extinguishers:

Water valve location:

How to shut off water:

Electric panel location:

How to shut off main power:

Gas valve location (*Shut off gas only when authorities tell you to do so*):

How to shut off gas:

Floor drain and sump pump location (*Always ensure the drain area is clear of boxes, furniture, and other items in case there is a flood*):

Instructions to test sump pump:

Emergency exits:

Draw up a floor plan of your home that shows all possible exits from each room. Identify a main exit route and an alternate exit route from each room. If you live in an apartment building, identify the building exits as well, and plan to use the stairs instead of elevators.